

Long Way Home

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Maggie Gallagher (UK) - November 2024
音樂: Long Way Home - Jamie Miller



Intro: 16 counts (8 secs approx).

S1: R ROCKING CHAIR, ROCK, RECOVER, ½ SHUFFLE

1-2 Rock forward on right, Recover on left
3-4 Rock back on right, Recover on left
5-6 Rock forward on right, Recover on left
7&8 ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right [6:00]

S2: ½ SHUFFLE, R COASTER, WALK, ½, L COASTER

1&2 ¼ right stepping left to left side, Step right next to left, ¼ right stepping back on left [12:00]
3&4 Step back on right, Step left next to right, Step forward on right
5-6 Walk forward on left, ½ left stepping back on right [6:00]
7&8 Step back on left, Step right next to left, Step forward on left

S3: R DOROTHY, L DOROTHY, CROSS, BACK, ¼, CROSS, SIDE

1-2& Step forward on right to right diagonal, Lock left behind right, Step forward on right
3-4& Step forward on left to left diagonal, Lock right behind left, Step forward on left
5-6 Cross right over left, Step back on left
&7-8 ¼ right stepping right to right side, Cross left over right, Step right to right side [9:00]

S4: L SAILOR, R SAILOR, TOUCH, UNWIND, ¼ SIDE ROCK, RECOVER

1&2 Cross left behind right, Step right to right side, Step left to left side
3&4 Cross right behind left, Step left to left side, Step right to right side
Choreographer's note – move slightly forward on counts 1&2, 3&4 (sailor steps)
5-6 Touch left toe behind right, Unwind ½ left (weight ending on left) [3:00]
7-8 ¼ left rocking right to right side, Recover on left [12:00]

S5: TOUCH, POINT, HEEL & HEEL, & HEEL CLAP CLAP, & CROSS ROCK, RECOVER

1-2 Touch right next to left, Point right to right side
3&4 Touch right heel forward, Step right next to left, Touch left heel forward
&5&6 Step left next to right, Touch right heel forward, Clap, Clap
&7-8 Step right next to left, Cross rock left over right, Recover on right

S6: L CHASSE, CROSS ROCK, RECOVER, ¼, ½, ½, STOMP

1&2 Step left to left side, Step right next to left, Step left to left side,
3-4 Cross rock right over left, Recover on left
5-6 ¼ right stepping forward on right, ½ right stepping back on left [9:00]
7-8 ½ right stepping forward on right, Stomp forward on left [3:00]

S7: SIDE, DRAG, BEHIND SIDE CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

1-2 Long step on right to right side, drag left to meet right
3&4 Cross left behind right, Step right to right side, Cross left over right
5-6 Rock right to right side, Recover on left
7&8 Cross right behind left, Step left to left side, Cross right over left angling body to [1:30]

S8: ROCK, RECOVER, ¾ COASTER, WALK, WALK, KICK BALL STEP

1-2 Rock forward on left to [1:30], Recover on right

3&4 Step back on left, $\frac{3}{8}$ right stepping slightly forward on right, Step forward on left [6:00]
5-6 Walk forward on right, Walk forward on left
7-8 Kick right forward, Step right next to left, Step slightly forward on left [6:00]

ENDING: Dance 32 counts of Wall 6, then turn $\frac{1}{2}$ left stepping right to right side to finish facing [12:00]

Thank you to Rory Ryan for suggesting this track.

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