

Martina

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Barbara Wöhry (AUT) & Paul Birbaumer (AUT) - December 2024
音樂: Martina - Josh



Intro: 32 Counts Intro

Restart: Restart Wall 1, after 16 Counts

Walk, Walk, Mambo Step, Walk Walk, Coaster Step, Touch

1,2 Step R forward, Step L forward
3&4 Step R forward, Recover on L, Step R back
5,6 Step L back, Step R back
7&8& Step L back, Step R together, Step L forward, Touch R next to L

Samba Whisk, Samba Whisk, Step ¼ Turn, Step ½ Turn, Chasse ¼ Turn

1&2 Step R Side, Step L slightly behind R, Step L Side
3&4 Step L Side, Step R slightly behind L, Step R Side
5,6 Step forward ¼ Turn R (3:00), Step back ½ Turn (9:00)
7&8 ¼ Turn Step R Side (12:00), Step L together, Step R Side

Cross Rock, Chasse, Cross Rock, Chasse

1,2 Cross L over R, Recover back on R
3&4 Step L Side, Step R together, Step L Side
5,6 Cross R over L, Recover back on L
7&8 Step R Side, Step L together, Step R Side

Cross Samba, Cross Samba, Cross, Step Back ¼ Turn, Chasse

1&2 Cross L over R, Step R Side, Recover back on L
3&4 Cross R over L, Step L Side, Recover back on R
5,6 Cross L over R, Step R back with ¼ Turn (9:00)
7&8 Step L Side, Step R together, Step L Side
