

# Down In Boots

拍數: 32                      牆數: 1                      級數: Beginner  
編舞者: Chelsea Gillum (AUS) & Narelle Parker (AUS) - November 2024  
音樂: Down In Boots - Y.O.G.A., Kaylee Bell & Blake O'Connor



\*Special mention to Teena Parrish

Restarts: 2 (Wall 2 & Wall 6)

Wall Adaption: To adapt dance to 4 wall, alter Right Pivot to  $\frac{1}{4}$  turn left instead of a half.  
This dance has been designed for Y.O.G.A to do on stage but to be adapted to 4 wall for line dancers.

Intro: Approx. 42 counts in

## R VINE, R BALL CROSS, R SIDE ROCK

1, 2                      Step R to R side (1), Step L behind R (2)  
&3,4                    R ball change (&), Cross L over R (3), Rock R to side (4)  
5, 6                      Step L to L side (5), Step R behind L (6)  
&7,8                    L ball change (&), Cross R over L (7), Rock L to side (8)

## R SHUFFLE FORWARD, L PIVOT $\frac{1}{2}$ , L SHUFFLE FORWARD, R PIVOT $\frac{1}{2}$ (To adapt to 4 wall dance, alter last pivot to R Pivot $\frac{1}{4}$ over left shoulder)

1&2                    Step R forward (1), Step L behind R (&), Step R forward (2)  
3-4                    Step L forward (3) and pivot over right shoulder (4)  
5&6                    Step L forward (5), Step R behind L (&), Step L forward (6)  
7-8                    Step R forward (7) and pivot over left shoulder (8)

### \*Restart #2 - Wall 6

Restart after R Pivot

## HEEL SWITCHES (R HEEL, L HEEL, R HEEL), RIGHT HIP BUMP, HEEL SWITCHES (L HEEL, R HEEL, L HEEL), LEFT HIP BUMP

1&2                    Tap R heel forward (1), Bring R together (&), Tap L heel forward (2)  
&3&4                    Bring L together (&), Tap R heel forward (&), R hip bump up and down (& 4)  
5&6                    Tap L heel forward (5), Bring L together (&), Tap R heel forward (6)  
&7&8                    Bring R together (&), Tap L heel forward (7), L hip bump up and down (& 8)

### \*Restart #1 - Wall 2

Restart after heels and hip bump L

## R STEP AND SLIDE FORWARD, L STEP AND SLIDE FORWARD, 2 R KICK BALL CHANGES

1, 2                    Step R forward on diagonal (1), Slide L next to R (2)  
3, 4                    Step L forward on diagonal (3), Slide R next to L (4)  
5&6                    Kick R forward (5), Step on ball of R foot (&), Step down on L foot (6)  
7, 8                    Bring R together (7), Tap L heel forward (&), L hip bump up and down (8)

## START AGAIN

End Dance after heel switches with a stomp ending on lyrics "Down in Boots".  
Feel free to create variations to this and have fun!