

# Blue Stew

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Barry Watson (UK) - December 2024  
音樂: Blues Stew - Kenny Neal



## Sailor R, Sailor L, Sailor R, Sailor Cross ¼ Turn R

1&2      Step R behind left. Step L to left side. Step R in place.  
3&4      Step L behind right. Step R to right side. Step L in place.  
5&6      Step R behind left. Step L to left side. Step R in place.  
7&8      Step L behind right. Step R to right side. Cross L over right turning ¼ turn R

## Rock Step, Slide, L Coaster Step, R ½ Pivot Turn

9-10      Step forward on R. Rock weight back onto left.  
11-12      Take large step back on R. Slide L back to meet right.  
13&14      Step L back. Step R next to left. Step L forward  
15-16      Step forward on R. Pivot ½ turn L, taking weight onto L foot.

## Side Switches, Kick-Ball-Side Combo

17&18      Touch R to right side. Step R in place. Touch L to left side.  
19&20      Kick L forward. Step L in place. Touch R to right side  
&      Step R in place  
21&22      Touch L to left side. Step L in place. Touch R to right side.  
23&24      Kick R forward. Step R in place. Touch L to left side

## L Sailor Cross, Side Rock, Cross, Full Unwind, Slide

25&26      Cross L behind right. Step R to right side. Cross L over right.  
27-28      Step R out to right side. Rock weight back over L.  
29-30      Cross R over left. Unwind full turn L allowing L to cross over R.  
31-32      Large step L out to L side. Slide R up to meet left.

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