

Pickleback

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Urban Danielsson (SWE) - November 2024
音樂: Pickleback - Jill Johnson



Intro: 16 counts, restart on wall 5

Section 1: Rock-recover, cross shuffle, ¼ back, side, cross shuffle

1 – 2 Rock right to right side, recover weight onto left
3&4 Step right across in front of left, step left to left side, step right across in front of left
5 – 6 ¼ turn right step back on left, step right to right side (3:00)
7&8 Step left across in front of right, step right to right side, step left across in front of right

Section 2: Point, together x 2, heel dig x 2, rock-recover, together, rock-recover

1&2& Point right toes to right side, step right next to left, point left toes to left side, step left next to right
3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
5 – 6& Rock right foot forward, recover weight on left, step right next to left
7 – 8 Rock left foot forward, recover weight onto right

Restart: On wall 5 - add &-count by stepping left next to right and then Restart the dance from the beginning.

Section 3: Shuffle back, ¼ turn step side, touch, ¼ turn step forward, sweep, cross, back, side

1&2 Step left foot back, step right next to left, step left foot back
3 – 4 1 / 4 turn right step right to right side, touch left toes next to right (6:00)
5 – 6 ¼ turn left step left forward, sweep right foot from back to front (3:00)
7 – 8& Step right foot across in front of left, step left foot back, step right foot to right side

Section 4: Cross, side, weave, side rock-recover, back rock-recover

1 – 2 Step left across in front of right, step right to right side
3&4 Step left behind of right, step right to right side, step left across in front of right
5 – 6 Rock right to right side, recover weight onto left
7 – 8 Rock back on right foot, recover weight onto left

Ending: On wall 11 dance the first 6 counts, then replace 7&8 with: ¼ turn right shuffle forward.

RESTART and ENJOY!