

# Monsters

COPPERKNOB  
BY SHEETS

拍數: 48      牆數: 2      級數: Intermediate - Rise & Fall  
編舞者: Sascha Wolf (DE) - 25 November 2024  
音樂: Monsters - James Blunt



## #5 Restarts

Start after 30 counts / 14 seconds

### Part 1: Twinkle Step 1/4 left - Step Full Turn

123            LF cross over RF - RF to side and start to turn left - 1/4 turn to left LF fwd  
456            RF fwd - 1/2 turn right LF back - 1/2 turn right RF fwd

### Part 2: 1/4 turn Sway to left - Weave to right with 1/4 right at 4

123            LF fwd - Sway over 2 counts and lift your left hand forward with the music

**Arms: Bring your left Hand from center of your Body, out to left with your sway**

456            RF back - LF back - 1/4 to right RF to the side

**Arms: Bring your Arm back to center of your Body. Elbow down and a Fist**

### Part 3: Step fwd 2 counts hold - Back Back Side

123            1/4 turn to right LF fwd - hold hold

**Arms: Wall 1,2 5,6 Bring your left forward with a flexed Hand**

**Arms in Refrain Do a Peace sign (Music will say the word „Two“)**

**and in second time in refrain while the Word Daddy a fisted strong Arm**

456            RF back - LF back - 1/4 turn to right RF to side

**Arms: Wall 1,2 5,6 Cross both Arms in Front of your Body at 6**

### Part 4: Close Hold Hold - Three step turn to left

123            LF close to right foot - hold - hold

**Arms: Wall 1,2 5,6 Open your arms to side diagonal down**

**Arms in Refrain Big Arm circle with both Arms (Music will say „Goodbye“)**

**and in second time in refrain while „close your eyes“ hands to your eyes and tear out your eyes**

456            1/4 turn t left LF fwd - 1/2 turn to left RF back - 1/4 turn t left LF to side

### Part 5: Step Hitch Hold - 3 Steps back

123            RF fwd - Hitch with Left knee - hold and Bring your right hand up while 2,3

456            Lf back - RF back - LF back

### Part 6: Touch the floor - Bring it back up

123            Go down on your left leg as deep as possible, bring your right down to floor if possible. If not, just as deep as you can ;-)

456            Make a big Arm circle with your right arm while you go back up and do a Turn with transfer of your weight forward to the RF

**Restart here in Wall 1, 2 ,5, 6, 8 with out the turn. Just weight transfer - in that case with a weight transfer backwards to RF**

### Part 7: Left turn - Coster Step

123            LF Step fwd - 1/2 turn to left RF back - LF back

456            RF Step back - LF close to RF - RF fwd

### Part 8: Step Sweap Step Sweap

123            LF fwd - Sweep RF to the front over 23

456            RF fwd - Sweep LF to the front over 56

Last Update: 2 Dec 2024

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