

Keep Going

拍數: 64 牆數: 4 級數: High Improver
編舞者: Sharon Nai (SG) - December 2024
音樂: Going Going Gone - Maddie Poppe



Intro: 16 counts (2 x 8) (Start on vocals)

(S1) RIGHT AND LEFT SAILOR, FWD ROCK WITH ½ TURN RIGHT SHUFFLE

1&2 Step R behind, Step L in place, Step R to L side
3&4 Step L behind, Step R in place, Step L to R side
5, 6 Rock R forward, recover on L
7&8 ¼ turn right, Step R to side, close L beside R, ¼ turn right, step R forward (6.00)

(S2) FWD ROCK, BACK SHUFFLE LEFT & RIGHT, COASTER STEPS

1-2 Rock L forward, recover on R
3&4 Step back on L, close R beside L, Step back on L
5&6 Step back on R, close L beside R, Step back on R
7&8 Step back on L, close R beside L, step forward on L

RESTART HERE ON WALL 5

(S 3) STEP FWD BRUSH LEFT RIGHT, FWD ROCK RECOVER STEP BACK OUT OUT BACK

1,2,3,4 Step forward on R, brush L beside R, step forward on L, brush R beside L
5,6 &7 Rock forward on R, recover on L, Step back on R to right side, Step L to left side out
8 Step R back

(S 4) LEFT SIDE ROCK BEHIND SIDE CROSS, RIGHT SIDE ROCK BEHIND SIDE CROSS

1,2 Side rock on L, recover on R
3&4 Step L behind R, Step R to the side, Cross L over R
5,6 Side rock on R, recover on L
7&8 Step R behind L, Step L to the side, Cross R over L

(S 5) VINE LEFT, SYNCOPATED ROLLING VINE

1,2,3,4 Step L to the side, Step R behind L, Step L to the side, Touch R beside L
5-6 ¼ turn right, step forward on R, ½ turn right, step back on L
7&8 ¼ turn right, Step R to the side, close L beside R, Step R to the side

(S 6) WALK FWD LEFT RIGHT, LEFT SHUFFLE FWD, PIVOT ½ TURN , RIGHT SHUFFLE

1,2 Walk forward on L, walk forward on R
3&4 Step L forward, close R beside L, Step L forward
5,6 Step R forward, Pivot ½ turn left on L
7&8 Step R forward, close L beside R, Step R forward

(S 7) ROCK RECOVER, COASTER STEPS x 2

1,2 Rock forward on L, recover on R
3&4 Step back on L, close R beside L step forward on L
5,6 Rock forward on R, recover on L
7&8 Step back on R, close L beside R, step forward on R

(S 8) POINT LEFT AND RIGHT OUT, ¼ MONTERY, TURN KICK BALL STEP

1,2,3,4 Touch L to the side, Close L beside R, Touch R to the side, Close R beside L
5-6 ¼ turn R touch L to the side, close L beside R
7&8 Kick R forward, step on the ball of R, step left in place

START AGAIN!

TAG 1 : End of wall 1 and wall 3 facing 3 o'clock & 9 o'clock (6 counts):

1,2,3,4 Step R forward, Pivot $\frac{1}{2}$ turn left on L, Step R forward, Pivot $\frac{1}{2}$ turn left on L
5,6 Hip sway to the right, hip sway to the left.

TAG 2: End of wall 2 facing 6 o'clock (8 counts)

1,2,3,4 Step R forward, Pivot $\frac{1}{2}$ turn left on L, Step R forward, Pivot $\frac{1}{2}$ turn left on L
5,6,7,8 Hip sway to the right, hip sway to the left, Hip sway to the right, hip sway to the left

Restart after 16 counts on wall 5 facing 6 o'clock

Bridge at wall 6 after (Section 2) 16 counts facing 12 o'clock add 4 counts:

1,2,3,4 Rocking chair: Rock forward on R, recover on L, rock back on R, recover on L
then continue the dance.

End the dance at Wall 7 (Section 4 last 7&8 count):

7&8 Step R behind L, $\frac{1}{4}$ turn left, step forward on L, Step forward on R facing 12 o'clock

Last Update: 3 Dec 2024
