

# Caught Up In The Spirit

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Rhonda Johnson (CAN) - November 2024  
音樂: Holiday Feelin (feat. Franky C) - Silverson



No tags, no restarts!

## Section 1: Skate, Skate, Slow Shuffle

1,2,3,4      Glide/step R diagonally forward, Hold, glide/step L diagonally forward, Hold  
5,6,7,8      On slight diagonal, step R forward, step L together with R, step R forward, Hold

## Section 2: Skate, Skate, Slow Shuffle

1,2,3,4      Glide/step L diagonally forward, Hold, glide/step R diagonally forward, Hold  
5,6,7,8      On slight diagonal, step L forward, step R together with L, step L forward, Hold

## Section 3: Cross Rock, Side, Hold, Cross Rock, ¼ Turn, Touch

1,2,3,4      Step R over L, Recover on L, Step R to side, Hold  
5,6,7,8      Step L over R, Recover on R, Step L ¼ turn to left, Touch R beside L

## Section 4: K-Step with Double Claps and Single Claps

1,2&      Step R diagonally forward, touch L beside R/clap, clap  
3,4      Step L diagonally back, touch R beside L/clap  
5,6&      Step R diagonally back, touch L beside R/clap, clap  
7,8      Step L diagonally forward, touch R beside L/clap

Enjoy & feel free to modify in any way that suits your needs!

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