

The F Word

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrina K Faulds (SCO) - November 2024
音樂: F Word - Justin Moore



Step, Sweep, Cross, Side, Behind, Sweep, Behind, Side

1-2 Step forward on Right, Sweep Left over Right
3-4 Cross Left over Right, Step Right to right
5-6 Step Left behind Right, Sweep Right behind Left
7-8 Step Right behind Left, Step Left to left [12.00]

Cross, Tap, Back, ¼, Step, ¼, Cross Shuffle

1-2 Cross Right over Left, Tap Left behind Right
3-4 Step back on Left, ¼ turn right stepping forward on Right [3.00]
5-6 Step forward on Left, Pivot ¼ turn right [6.00]
7&8 Cross Left over Right, Step Right to right, Cross Left over Right

Side, Together, Shuffle Forward, Side, Together, Shuffle Back

1-2 Step Right to right, Step Left next to Right
3&4 Step Right forward, Step Left next to Right, Step Right forward
5-6 Step Left to left, Step Right next to Left *** Restart after step change wall 3
7&8 Step Left back, Step Right next to Left, Step Left back [6.00]

Walk Back, Back, Back Rock, Back Rock, Step, ¼

1-2 Walk back Right, Left
3-4 Rock back on Right, Recover onto Left
5-6 Rock back on Right, Recover onto Left
7-8 Step forward on Right, Pivot ¼ turn Right [3.00]

Wall 3 - Step change & Restart

Section 3 – count 7&8.

Change shuffle back to coaster step – facing 12.00 restart dance from beginning

7&8 Step Left back, Step Right nex
