

Wait Out West

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Marianne Langagne (FR) & Isabelle Outters (FR) - 25 November 2024
音樂: Way Out West - A Choir of Ghosts & Mimi Werner



Intro : 32 Counts (Start on the lyrics)

Sequences : 32 – 32 – 32 – 16Restart – 32 – 32 – 32 – 20 TAG/RESTART – 32 – 32
Final : Rock Step RF, ½ Turn R (12:00)

[1 à 8] ROCK STEP, COASTER STEP*, ROCK STEP, BACK TRIPLE STEP

1 – 2 RF Fwd, Recover on LF
3 & 4 RF Back, Together, RF Fwd * (Option Triple Full Turn to R)
5 – 6 LF Fwd, Recover on RF
7 & 8 LF Back, RF next to LF, LF Back

[9 à 16] TOE BEHIND, UNWIND ¾ TURN R, SIDE ROCK , CROSS SHUFFLE , POINT SWITCHES

1 – 2 Point R Behind LF, Unwind ¾ turn to the R (Weight on RF) (9:00)
3 - 4 LF to the L, Recover on RF
5 & 6 Cross LF Over RF, RF to the R, Cross LF Over RF
5 & 8 Point R to the R, Together, Point L to the L
& Together (weight on LF) - HERE RESTART at 4th Wall facing 6:00

[17 à 24] STOMP FWD, CLAP, STOMP FWD, CLAP TWICE, ROCK STEP, COASTER STEP *

1 - 2 Stomp RF Fwd, Clap
3&4 Stomp LF Fwd, Clap X 2 IHERE TAG / RESTART
5 – 6 RF Fwd, Recover on LF
7 & 8 RF Back, Together, RF Fwd * (Option Triple Full Turn to L)

[25 à 32] ROCK STEP, ¼ TURN L, SIDE SHUFFLE L, HEEL SWITCHES & STEP ¼ TURN L

1 – 2 LF Fwd, Recover on RF
3 & 4 ¼ Turn L – LF to the L, Together, LF to the L (6:00)
5 & 6 Heel R Fwd, Together, Heel L Fwd
& Together
7 – 8 RF Fwd, Pivot ¼ Turn L (3:00)

TAG (4 Counts)

During 8th Wall which begin at 3:00, dance 20 Counts, Repeat counts 17 to 20 & RESTART

Dance & Have Fun !!!

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