Perfect For Me



拍數: 16 牆數: 4 級數: Intermediate - Rolling count

編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - November 2024

音樂: Perfect for Me - Bradley Marshall



Start after quick 4 count intro, vocal cue – I've never 'loved' someone like you before.... start on the word 'LOVED' – approx. 5secs – 3 mins 05secs – 112bpm - Available: Amazon

[1-8a] R cross rock/recover, R side, L cross over, R side pushing off with L hitch into ¾ L turn, L/R/L run forward, ¼ L step R to R side, step L tog, cross R over L, ½ R hinge turn, L cross rock/recover, step L side

1-2&a Cross rock R over L, recover weight on L, step R side, cross step L over R

With weight R execute a ¾ L turn as you hitch up L knee (3 o'clock)

Step L forward, step R forward, step L forward (run, run, run!)

Step R forward turning ¼ left (12 o'clock)
 Step L together, cross step R over L

a7 Turning ¼ right step L back, turning ¼ right step R side (6 o'clock)

8&a Cross rock L over R, recover weight on R, step L to L side

[9-16a] Step R side as you sweep L into a L sailor step, R behind L as you sweep L into a 3-step weave L behind/R side/L cross over R, R side rock/recover, cross R behind L, ¼ L step L fwd, R fwd, L fwd, ½ R pivot turn, L fwd

1-2&a Step R to right side sweep L, cross step L behind R, step R to right, step L to left side

Cross step R behind L as you sweep L from front to back
4&a Cross step L behind R, step R side, cross step L over R

5 Rock R side

6& Recover weight on L, cross step R behind L

a7 Turning ¼ left step L forward, step R forward (3 o'clock)

8&a Step L forward, pivot ½ right, step L forward (toes pointed towards left diagonal) (9 o'clock)

TAG: At the end of walls 1 and 4: ALWAYS facing 9 o'clock. Tag will take you to back wall where you will begin the dance again.

[1-8a] Prissy walk fwd R/L/R, L fwd, ½ R pivot turn, L fwd, prissy walk fwd R/L/R, L fwd rock, ¼ L recover, ½ L on L to back wall (counts 8&a are a ¾ turn to your left)

1-3 Travelling forward cross step R over L, cross step L over R, cross step R over L

4&a Step L forward, pivot ½ right, step L forward (3 o'clock)

5-7 Travelling forward cross step R over L, cross step L over R, cross step R over L

8&a Rock L forward, recover weight on R turning ½ left, turning ½ left step L forward (6 o'clock)

Please note third time facing 9 o'clock wall (after wall 7) NO TAG – this is the one and only time you dance the full dance starting facing left side wall (9 o'clock)

Finale: Wall 9 dance the whole dance through you will end up facing 3 o'clock and for a more dramatic finish turn ¼ left, stepping R to right side & transfer your weight to the left as you strike a pose! Voila! ENJOY!