Now or Never



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Patrick Desmarais (CAN) - November 2024

音樂: Now Or Never - Pitbull & Bon Jovi



Intro: 16 counts

[1-8] Step kick, Coaster Step, Cross Jazzbox

1-2 Step forward on the RF, kick on the LF

3&4 Step left back, step right together, step left forward

5-6 Cross RF over LF, step LF back.7-8 Step RF to side, cross LF over RF

[9-16] Side Shuffle, Rock Back R&L

1&2 RF to the right side, close LF beside RF, RF to the right side.

3-4 Rock back on LF, recover weight on RF

5&6 LF to the left side, close RF beside LF, LF to the left side.

7-8 Rock back on RF, recover weight on LF.

[17-24] Rock side, behind side cross L&R

1-2 Step side RF to the right, recover on the LF

3&4 Cross RF behind LF, Step LF to the left, cross RF over LF.

5-6 Step side LF to the left, recover on the RF

7&8 Cross LF behind RF, Step RF to the right, cross LF over RF

[25-32] Kick Ball Change 2x, pivot 1/2, pivot 1/4.

1&2 Kick on the RF, step down on the RF beside LF, lift LF up and step LF down beside RF Kick on the RF, step down on the RF beside LF, lift LF up and step LF down beside RF

5-6 Step forward on the RF, pivot 1/2 turn left. 7-8 Step forward on the RF, pivot 1/4 turn left.

TAG: Rocking chair (after second wall, facing 6h)

1-2 Step forward on RF, recover on the LF3-4 Step back on RF, recover on the LF

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