

There For Me Too

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Michael Lynn (UK) - November 2024
音樂: I'll Be There For You - Chase Holfelder



***Start the dance: The count in is a little hard to hear, to make it easier start wall 1 on count 2. Step back right and sweep left on the word "so no-one"**

SEC 1 MAMBO, SWEEP, WEAVE, SIDE, CROSS ROCK, HITCH, BEHIND, POINT, CROSS, 1/4 BACK

1& Rock right forward, recover weight onto left
2 * Step right back sweeping left from front to back
3&4& Step left behind right, step right to right, cross left over right, step right to right
5-6 Cross rock left over right, recover right hitching left knee
7&8& Cross left behind right, point right to right, cross right over left, turn 1/4 right step left back (3:00)

SEC 2 1/4 NIGHTCLUB BASIC, 1/2 HINGE CROSS, NIGHTCLUB BASIC, FULL RUNAROUND

1-2& Turn 1/4 right step right to right, step left beside right, cross right over left (6:00)
3-4& Turn 1/4 left step left back, turn 1/4 left step right to right, cross left over right (12:00)
5-6& Step right to right, step left beside right, cross right over left
7& Turn 1/4 left step left forward, turn 1/4 left step right forward (6:00)
8& Turn 1/4 left step left forward, turn 1/4 left step right forward (12:00)

SEC 3 STEP SWEEP, CROSS SIDE, BACK ROCK, SIDE, BACK HOOK, STEP, POINT, TOUCH, 1/4 STEP, STEP, 1/2 PIVOT

1-2& Step left forward sweeping right from back to front, cross right over left, step left to left
3-4 Rock right back, recover weight onto left
&5 Step right to right, step left back hooking right over left
6&7 Step right forward, point left to left, touch left beside right
&8& Turn 1/4 left step left forward, step right forward, pivot 1/2 left transferring weight on to left (3:00)

SEC 4 STEP FULL SPIRAL, SHUFFLE FORWARD, STEP, 1/4 SIDE ROCK, WEAVE SWEEP, BACK ROCK

1 Step right forward spiralling full turn left lifting left leg (3:00)
2&3 Step left forward, close right beside left, step left forward
4 Step right forward
5& Turn 1/4 right rock left to left, recover weight onto right (6:00)
6&7 Cross left over right, step right to right, step left behind right sweeping right from front to back
8& Rock right back, recover weight onto left

TAG (AT THE END OF WALLS 2 AND 4)

SIDE ROCK, WEAVE HITCH, WEAVE, FULL UNWIND TURN, LUNGE, RECOVER, DRAG

1& Rock right to right, recover weight onto left
2&3 Cross right over left, step left to left, step right behind left hitching left from front to back
4&5 Step left behind right, step right to right, cross left over right
6-7 Unwind full turn right, lunge right to right swaying body right (6:00)
8 Recover left
9-10 Drag right towards left over 2 counts

EXTRA FLOURISH (ON WALLS 2 & 4 – Section 1, replace counts 1&2)

1&2 Step forward right, pivot 1/2 turn left, 1/2 turn right stepping back right as you sweep left from front to back

