

Nafas Terakhir

拍數: 40 牆數: 4 級數: Improver
編舞者: Roosamekto Mamek (INA) - November 2024
音樂: Nafas Terakhir (feat. Mace Purba) - Whllyano



Intro: 32 count (approximately 00:16 secs)

S1. SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS SHUFFLE

1-4 Rock R to side – Recover on L – Rock R back – Recover on L (12:00)
5-6 Rock R to side – Recover on L
7&8 Cross R over L – Step L to side – Cross R over L

S2. SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS SHUFFLE

1-4 Rock L to side – Recover on R – Rock L back – Recover on R (12:00)
5-6 Rock L to side – Recover on R
7&8 Cross L over R – Step R to side – Cross L over R

S3. SIDE, TOGETHER, FORWARD LOCK SHUFFLE, SIDE, TOGETHER, BACK LOCK SHUFFLE

1-2 Step R to side – Step L together (12:00)
3&4 Step R forward – Lock L behind R – Step R forward
5-6 Step L to side – Step R together
7&8 Step L back – Lock R over L – Step L back

S4. WALK BACK R-L-R, TOUCH, PRETZEL TURN 1/2 LEFT

1-4 Step R back – Step L back – Step R back – Touch L together (12:00)
5-6 Step L forward – Turn ½ left step R back (6:00) – Step L back – Touch R together

S5. FORWARD, TOUCH, JAZZBOX CROSS TURN 1/4 RIGHT

1-4 Step R forward – Touch L to side – Step L forward – Touch R to side (6:00)
5-6 Cross R over L – Turn ¼ right step L back – Step R to side – Cross L over R (9:00)

REPEAT

TAG.1 (8 count) : On wall 4 after 16 count, end of wall 5 & 6 (2x)

VINE (R & L)

1-4 Step R to side – Cross L behind R – Step R to side – Touch L together
5-8 Step L to side – Cross R behind L – Step L to side – Touch R together

TAG.2 (4 count) : On wall 3 after 32 count and wall 5 after TAG.1

SIDE, TOUCH

1-4 Step R to side – Touch L together – Step L to side – Touch R together

BRIDGE (4 count) : On wall 3 after 16 count

SIDE, TOUCH

1-4 Step R to side – Touch L together – Step L to side – Touch R together

For more info about step sheet & song, please contact:

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