

Joyful Mary's Boy Child / Oh My Lord

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Shannon Chang (USA) - November 2024
音樂: Mary's Boy Child / Oh My Lord - Boney M.



Intro: (Approximately 28 seconds) 32 counts with vocals and 16 counts of rhythm before the start
Song opens with the line: "Long time ago in Bethlehem, so the Holy Bible said..."
Music Title (4:03)

Restart: On walls 5 (facing 12:00) 24 counts
Tag: On wall 8 (facing 3:00), 4 counts

Section 1: Polka Forward Right, Left, Right, Left

1&2 Step Fwd with R, step together with L, step Fwd with R
3&4 Step Fwd with L, step together with R, step Fwd with L
5&6 Step Fwd with R, step together with L, step Fwd with R
7&8 Step Fwd with L, step together with R, step Fwd with L

Section 2: Rock, Recover, Shuffle Back, Rock, Recover, Shuffle Forward

1-2 Rock Fwd with R, recover back with L
3&4 Step R behind L, step L in place, step R in place
5-6 Rock Back with L, recover Fwd with R
7&8 Step L forward, step R together with L, step L Fwd

Section 3: K-Step

1-4 Step R diagonally Fwd, touch L, step L diagonally back, touch R
5-8 Step R diagonally back, touch L, step L diagonally Fwd, touch R

Restart here on Wall 4 (facing 12:00)

Section 4: Grapevine Right, Touch, Grapevine ¼ Left, Touch

1-4 Step R to side, cross L behind R, step R to side, touch L beside R
5-8 Step L to side, cross R behind L, ¼ turn L step Fwd with L, touch R Fwd

Restart: On Wall 5, facing 12:00, after 24 counts in Section 3, restart from the beginning of the dance.

Tag: On Wall 8, facing 3:00, 4 counts 1-2: Step R to side, touch 3-4: Step L to side, touch
Start Over

<https://open.spotify.com/track/6YnzBV7YkaXZNCK3tlnCf?si=rrTcXb3qTkyawFZ8AYC8Mw&context=spotify%3Asearch%3Abo>

Last Update: 26 Nov 2024