

Elses Cowboy Hat

拍數: 32 牆數: 2 級數: Improver
編舞者: Marit Elisabeth Stene (NOR) - November 2024
音樂: Føle mæ fin - Carina Dahl



Intro: 32 count

[1-8] Vaudeville, cross shuffle, point, hitch, point, heel

1&2& Cross right over left, step left to side, touch right heel diagonal fwd, step right foot next to left
3&4 Cross left over right, step right to right, cross left over right
5&6& Point right to right side, step right next to left, hitch left knee step left next to right
7&8 Point right to right side, step right next to left, touch left heel forward

[9-16] Ball, shuffle forward, rock recover, shuffle ½ turn left x 2

&1&2 Ball left next to right, step right forward, step left next to right, step right forward
3-4 Rock forward on left, recover on right
5&6 ¼ turn left & LF step side, RF close to LF, ¼ turn left & LF step forward (6:00)
7&8 ¼ turn left & RF step side, LF close to RF, ¼ turn left & RF step back (12:00)

[17-24] Sailor turn ¼, diagonal press rock recover, camel walk back r/l, back rock recover

1&2 Cross left behind right - ¼ turn left, step right beside left – step left to left (9:00)
4-3 Turn 1/8 press right forward, recover on left (7:30)
5-6 Step right back popping left knee, step left back popping right knee
7-8 Rock right back, recover on left

[25-32] Cross out point, heel heel ¼ turn, shuffle forward, ½ pivot, point

1&2 Cross right over left, step left to left side, point right to right (9:00)
3-4 Turn 1/8 right when touching right heel forward x 2 (12:00)
5&6 Step right forward, step left next to right, step right forward
7-8 Turn ½ left on ball, point right to right

Tags and restarts:

Wall 1: Dance 24 counts, touch right next to left twice, continue on count 25-32, point right over left and right to right side.

Wall 3: Dance 12 counts (rock recover), make a shuffle back on left (instead of shuffle turn ¼), rock back on right and recover on left. Restart.

Wall 4: Like wall 1

Wall 6: Like wall 3

Wall 7: Dance 16 count, and make a coaster step left-right-left. Restart!

Wall 8: Dance 30 counts and make a left shuffle forward, stomp right forward and ending dance.

Happy birthday, Else!

Submitted by: Else