

Be Optimistic

COPPER KNOB
BY STEPHEN LEE

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Dian Rose (INA) - November 2024
音樂: Optimis - Atiek CB



S1. WALK (R-L) - SIDE ROCK - RECOVER - FWD - ROCK - RECOVER - BACK - TOUCH

1,2 Step R Fwd (1), Step L Fwd (2)
3&4 Rock R to side (3), Recover on L (&), Step L Fwd (4)
5,6 Rock L Fwd (5), Recover on L (6)
7,8 Step L back (7), Touch R beside L (8)

S2. K-STEP

1,2 Step R Diagonal Fwd (1), Touch L beside R (2)
3,4 Step L Diagonal Back (3), Touch R beside L (4)
5,6 Step R Diagonal Back (5), Touch L beside R (6)
7,8 Step L Diagonal Fwd (7), Touch R beside L (8)

S3. V-STEP 1/4 TURN RIGHT

1-4 Step Slightly Fwd and Out (1), Step L Out (2), Making a 1/4 Turn R, Step R to side (3), Step L to side (4) (facing 3.00)
5-8 Step Slightly Fwd and Out (5), Step L Out (6) (facing 3.00), Making a 1/4 Turn R, Step R to side (7), Step L to side (8) (facing 6.00)

S4. MONTEREY 1/4 TURN R - ROCKING CHAIR

1-4 Point R to Side (facing 6.00) (1), 1/4 Turn R Stepping R beside L (facing 9.00) (2), Point L to side (3), Step L beside R (facing 9.00) (4)
5-8 Step R Fwd (5), Recover on L (6), Step R back (7), Recover on L (8)

Happy Dancing □□□□
NO TAG NO RESTART!

Any question please don't hesitate to contact me at dianrose_75@yahoo.com

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