

SOLITA

拍數: 32 牆數: 4 級數: Beginner
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音樂: SOLITA - Cristian Martin & Jiuvel Havana



sec 1 Basic Bachata (R,L)

- 1-2 step R to R side, step L together
- 3-4 step R to side ,Touch L beside R with Hip bump
- 5-6 step L to L side, step R together
- 7-8 step L to L side,Touch R beside L with Hip bump

ses2 JazzBox Turn 1/4R touch , JazzBox Turn 1/2L touch

- 1-2 Rf cross over Lf, Turn 1/4R Lf back
- 3-4 Rf to side, Lf fwd touch
- 5-6 Lf in place Turn 1/2L Rf back
- 7-8 Lf to side, RF fwd touch

sec3 Vine step, Rolling turn , Hip bump

- 1-2 Step Rf to side, Cross Lf behindRf
- 3-4 Step Rf to side ,Step Lf to side touch
- 5-6 Turn 1/4 L step Lf Fwd, Turn 1/2 Step Rf back
- 7-8 Turn 1/4 Step L behind Rf, Rf together touch

sec 4 Fwd Rock step R back Lf fwd touch, sway hitch

- 1-2 Step R fwd, Recover on L
- 3-4 Step R back Lf fwd touch with hip bump
- 5-8 Step Lf to side Roll hips around from Left to Right (L-R-L) Step RF hitch

1 Tag - after wall 6 - 4count

- 1-2 Step Rf fwd, step L together touch with hip bump
- 3-4 Step Lf back , Step R together touch with hip bump

thank you for watching ^^*
