

The Girl at Heart Before

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Yun Jeong Kim (KOR) - November 2024
音樂: To All The Girls I've Loved Before - Julio Iglesias & Andre Hehanusa



The dance starts after 16 counts,

Sec1. R Side Back Rock Recover, L fwd Shuffle, R 1/4L Cross, Scissor Step

1-2& Step R to R side(1), L Rock behind(2) recover on R(&)
3&4 Step L fwd Shuffle
5&7 Step R fwd Pivot 1/4L Cross (9:00)
7&8 Step L to L side(7) Step R together L(&) Cross L over R(8)

Sec2. R Side Chassee L Back Mambo, R Side Rock Cross L Fwd Mambo

1&2 Step R to R side, Step L next to R, Step R to R
3&4 Step L Rock back Recover on R, Step L next to R
5&6 Step R side rock to R, recover on L, Cross over L
7&8 Step L Rock fwd, Recover on R, Step L next to R

Sec3. R Back Rock Recover Fwd Shuffle, L 1/2R Step R 1/2L Step

1-2, 3&4 Step R Rock back(1), Recover on L(2), R Fwd Shuffle
5&6 Step L Pivot 1/2R Step L fwd
7&8 Step R Pivot 1/2L Step R fwd

Sec4. Dorothy L R, L Pivot 1/2R, L Fwd Shuffle & R Hitch

1-2& Step L diagonal(1), R Rock behind(2), Step L fwd(&)
3-4& Step R diagonal(3), L Rock behind(4), Step R fwd(&)
5-6 Step L Pivot 1/2R
7&8& Step L fwd Shuffle, R Hitch (3:00)

Ending Pose: The ending pose stops with a long side step when the lyrics "before" come out.

Tag: After 6 wall,

R Big side step to R

2,3 Hold
4& Recover on L, R Touch next to L