

Here and Now

拍數: 64 牆數: 3 級數: High Improver
編舞者: Simon Ward (AUS) - November 2024
音樂: Creek Will Rise - Conner Smith : (Album: Smokey Mountains - iTunes, Spotify & Amazon)



Notes: Restarts on walls 3,4 & 7 (noted below)

Ending: Finish on count 32 by stomping right to right side pointing and looking up.

[1-8] R fwd, Touch L, Step L back, Kick R, R coaster step, Brush L

1-2 Step right forward, Touch left toe behind right 12.00
3-4 Step back on left, Kick right forward 12.00
5-6 Step right back, Step left beside right 12.00
7-8 Step right forward, Brush left forward 12.00

[9-16] L lock/step forward, Brush R, R fwd, Pivot ½ L, Stomp R, Hold

1-2 Step left forward, Lock/step right behind left 12.00
3-4 Step left forward, Brush right forward 12.00
5-6 Step right forward, Pivot ½ turn left taking weight onto left 6.00
7-8 Stomp right forward turning your body slightly left whilst snapping fingers out to side, Hold 6.00

****Restart** on wall 3, replace counts 7-8 by "stepping right forward, step left beside right"**

[17-24] L fwd, Touch R, Step R back, Kick L, L behind R, ¼ R, L fwd, Hold

1-2 Step left forward, Touch right toe behind right 6.00
3-4 Step back on right, Kick left to left diagonal (open your frame to the left on kick) 6.00
5-6 Step left behind right, Step right to right turning ¼ turn right 9.00
7-8 Step left forward, Hold 9.00

[25-32] R fwd, Pivot ½ L, R fwd, Brush L, L lock/step fwd, Brush R

1-2 Step right forward, Pivot ½ turn left taking weight onto left 3.00
3-4 Step right forward, Brush left forward 3.00
5-6 Step left forward, Lock/step right behind left 3.00
7-8 Step left forward Brush right forward 3.00

**** Restart** on walls 4 & 7**

[33-40] Slow ¼ jazz box turn R, Chasse R, Hold

1-2 Cross/step right over left, Hold 3.00
3-4 Step left back turning ¼ turn right, Hold 6.00
5-6 Step right to right side, Step left beside right 6.00
7-8 Step right to right side, Hold 6.00

[41-48] L fwd 1/8 turn R, Touch R, R back, Kick L, L back dragging R, R behind L, ¼ turn L

1-2 Step left forward turning 1/8 turn right, Touch right toe behind left 7.30
3-4 Step right back, Kick left forward 7.30
5-6 Big step back on left towards 3.00 whilst still facing 7.30 dragging right heel towards left 7.30
7-8 Step right behind left turning 1/8 turn left to 6.00, Step left to left side turning ¼ turn left 3.00

[49-56] R fwd, Hold, Pivot ½ turn L, Hold, R lock/step fwd, Hold

1-2 Step right forward, Hold
3-4 Pivot ½ turn left taking weight onto left, Hold 9.00
5-6 Step right forward, Lock/step left behind right 9.00
7-8 Step right forward, Hold 9.00

[57-64] Step to L diagonal, Fan R heel, toe, heel, Step R side, Flick L, Step L back, Hook R

- 1-2 Step left forward to left diagonal, Fan right heel inwards towards left foot 9.00
- 3-4 Fan right toe inwards towards left foot, Fan right heel inwards towards left foot 9.00
- 5-6 Step right to right side, Flick left foot behind right 9.00
- 7-8 Step back on left, Hook right foot under left knee 9.00

RESTART
