

Shang Hua Jiao (上花轿)

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Penny Tan (MY) - November 2024
音樂: Shang Hua Jiao (上花轿) - Han Bao Yi (韩宝仪)



Dance Intro Dance after 4C from heavy beat.

*Intro Dance / Tag (36C) / Ending
Part A (32C) / Part B (32C)

SOD: Intro Dance AA B A Tag AA B A Tag (Ending)

Intro Dance (36C) (also as Tag / Ending)

iSec1: ¼ Turn R Walk fwd R-L , Fwd Shuffle

1-2 ¼ turn R , walk R , walk L
3&4 Fwd huffle R-L-R
5-6 ¼ turn R , walk R , walk L
7&8 Fwd huffle R-L-R

iSec2: Repeat iSec1

***To Make A SMALL ROUND back to 12:00

iSec3: ¼ Turn L Walk fwd R-L , Fwd Shuffle

1-2 ¼ turn L , walk R , walk L
3&4 Fwd huffle R-L-R
5-6 ¼ turn L , walk R , walk L
7&8 Fwd huffle R-L-R

iSec4: Repeat iSec3

***To Make A SMALL ROUND back to 12:00

iSec5(4C): Fwd Mambo , Shimmy

1&2 Rock RF fwd , recover on L , step RF next to LF
3&4 Shimmying shoulders

Part A (32C)

SEC1: SIDE CHASSE , BACK ROCK , RECOVER , SIDE ROCK , RECOVER , BACK ROCK , RECOVER

1&2 Step RF to R , step LF next to RF , step RF to R
3-4 Rock LF behind RF , recover on R (10:30)
5-6 Squaring back facing 12:00 , Rock LF to L side , recover on R
7-8 Step LF behind RF , recover on R(10:30)

(*Optional for count 5-8 :Diagonal L Rocking Chair)

SEC2: SIDE CHASSE , BACK ROCK , RECOVER , SIDE ROCK , RECOVER , BACK ROCK , RECOVER

1&2 Step LF to L , step RF next to LF , step LF to L
3-4 Rock RF behind LF , recover on L (1:30)
5-6 Squaring back facing 12:00 , Rock RF to R side , recover on L
7-8 Step RF behind LF , recover on L (1:30)

(*Optional for count 5-8 :Diagonal R Rocking Chair)

SEC3: DIAGONALLY FWD SHUFFLE (R-L) , BACK SHUFFLE , BACK , TOGETHER

1&2 Diagonally R , fwd shuffle R-L-R (1:30)
3&4 Fwd shuffle L-R-L

5&6 Back shuffle R-L-R
7-8 Step LF back , 1/8 turn L , step RF next to LF (12:00)

SEC4:DIAGONALLY FWD SHUFFLE (L-R) , BACK SHUFFLE ,BACK, TOGETHER

1&2 Diagonally L , fwd shuffle L-R-L (10:30)
3&4 Fwd shuffle R-L-R
5&6 Back shuffle L-R-L
7-8 Step RF back , 1/8 turn R , step LF next to RF (12:00)

Part B (32C)

SEC1:ROCKING CHAIR , PIVOT ¼ TURN L (x2)

1-4 Rock RF fwd, recover LF, rock RF backwards, recover LF
5-6 Step RF fwd with hip roll , ¼ turn L , step LF on L (9:00)
7-8 Step RF fwd with hip roll , ¼ turn L , step LF on L (6:00)

SEC2:ROCKING CHAIR , PIVOT ¼ TURN L (x2)

1-4 Rock RF fwd, recover LF, rock RF backwards, recover LF
5-6 Step RF fwd with hip roll , ¼ turn L , step LF on L (3:00)
7-8 Step RF fwd with hip roll , ¼ turn L , step LF on L (12:00)

SEC3:WEAVE , FLICK (L-R)

1-4 Cross RF over LF , step LF to L , step RF behind LF , flick LF (1:30)
5-8 Cross LF over RF , step RF to R , step LF behind RF , flick RF (10:30)

SEC4:ROCKING CHAIR , STEP OUT R-L , HOLD , STEP IN R-L , SHIMMY

1-4 Squaring back facing 12:00 , Rock RF fwd, recover LF, rock RF backwards, recover LF
&5-6 Step RF out to R side , step LF out to L side , hold
&7&8 Step RF back to center , step LF next to RF with shimmying shoulders
