

Ring Ring

拍數: 32 牆數: 4 級數: Improver - R&B
編舞者: Kyung Hee Lee (KOR) - November 2024
音樂: Ring Ring - MIRA



Start the dance after 16 counts

SECTION 1: (FORWARD, KICK BALL) X 2, FORWARD, ROCK, RECOVER, 1/2 TURN TO R WITH FORWARD, FORWARD

1-2& Step LF forward, kick RF forward, replace RF with ball
3-4& Step LF forward, kick RF forward, replace RF with ball
5-6& Step LF forward, rock RF forward, recover on LF
7-8 1/2 turn to R stepping RF forward, step LF forward

SECTION 2: PONY STEP X 2, BACKWARD ROCK, RECOVER, SAMBA STEP

1&2 Step RF back hitching L knee, step LF beside RF, step RF back hitching L knee
3&4 Step LF back hitching R knee, step RF beside LF, step LF back hitching R knee
5-6 Rock RF backward, recover on LF
7&8 Cross RF over LF, rock LF L side, recover on RF

SECTION 3: SAMBA STEP, FORWARD ROCK, RECOVER AND 1/4 TURN TO R WITH SWEEP, SAILOR STEP, CROSS SHUFFLE

1&2 Cross LF over RF, rock RF R side, recover on LF
3-4 Rock RF forward, recover on LF and 1/4 turn to R doing RF sweep from front to back
5&6 Cross RF to diagonal backward, close LF to RF, step RF forward
7&8 Cross LF over RF, step RF to side slightly, cross LF over RF

SECTION 4: SIDE, 1/4 TURN TO L WITH FLICK, FORWARD X 2, (SIDE TOUCH, REPLACE) X 2, SIDE, POINT

1-2 Step RF to side, 1/4 turn to L doing RF flick
3-4 Step RF forward, step LF forward
5&6& Touch RF to R side, replace RF and change weight on LF, touch LF to L side, replace LF and change weight on RF
7-8 Step RF side, point LF toe to L side while push your weight on R hip strongly

**** You should be start 1/4 turn to L from the wall 2****

RESTART: On the 2, 6 wall, you will dance to 16 counts and start again

TAG: After the 4th wall, you will dance to 4 counts of tag

Tag step is

1-2& Step LF forward, rock RF forward, recover on LF
3-4& Step RF backward, rock LF backward, recover on RF

Enjoy the dance

Contact: Kyunghee Lee raccourci@hanmail.net