

Ja és Nadal

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Montse Bou (ES) - 19 November 2024
音樂: Menys mal que ja és Nadal - Siderland



Start after: Ho, Ho, Ho...

R VINE, HEEL SWIVELS R-SIDE

1-2 RF step to R side, LF cross behind RF
3-4 RF step to R side, LF step together
5-6 Turn heels together to the right, and return to center.
7-8 Turn heels together to the right, and return to center

L VINE, HEEL SWIVELS L-SIDE

9-10 LF step to L side, RF cross behind LF
11-12 LF step to L side, RF step together
13-14 Turn heels together to the left, and return to center.
15-16 Turn heels together to the left, and return to center

R KICK-KICK FWD, R ROCK STEP, R KICK-KICK FWD, R ROCK STEP

17-18 R-Kick forward (twice)
19-20 R-Rock back, return weight to L
21-22 R-Kick forward (twice)
23-24 R-Rock back, return weight to L

MILITARY TURN LEFT

25-26 RF Step forward, ½ turn left (06:00)
27-28 RF Step forward, ½ turn left (12:00)

SIDE STEPS R+L

29-30 RF step to right side, LF touch next to RF (+Clap once)
31-32 LF step to left side, RF touch next to LF (+Clap once)

Start again!
