

Wrap Me Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sally Hung (TW) - November 2024
音樂: Wrap Me Up - Jimmy Fallon & Meghan Trainor



No tag, no restart

Intro: 32 counts

S1. 1/4 R BACK ROCK, RECOVER, 1/4 L CHASSE R, 1/4 L BACK ROCK, RECOVER, 1/4 R CHASSE L

1 2 1/4 turn R rocking back on R, Recover on L (3:00)
3&4 1/4 turn L stepping R to the R, Step L next to R, Step R to the R (12:00)
5 6 1/4 turn L rocking back on L, Recover on R (9:00)
7&8 1/4 turn R stepping L to the L, Step R next to L, Step L to the L (12:00)

S2. FWD, TOGETHER, HEEL BOUNCE x2, 1/4 PADDLE TURN L X2

1 2 Step R fwd, Step L beside R
3 4 Lift Heels up & down x2
5-8 Step R fwd, Pivot 1/4 turn L, Step R fwd, Pivot 1/4 turn L (6:00)

S3. (FWD, RECOVER, BACK, POINT) X2

1-4 Step R fwd, Recover on L, Step back on R, Point L to L
5-8 Step L fwd, Recover on R, Step back on L, Point R to R

S4. JAZZ BOX W/ 1/4 TURN R, FWD ROCK, RECOVER, SIDE ROCK, RECOVER

1-4 Cross step R over L, 1/4 turn R stepping back on L, Step R to R side, Step L fwd
5-8 Rock R across L, Recover on L, Rock R to R side, Recover on L (9:00)

Enjoy!

Contact Sally Hung: hung1125@gmail.com