Ding Ding Dong



拍數: 48 牆數: 2 級數: Phrased Beginner

編舞者: Karen Lee (TW) - November 2024 音樂: Ding Ding Dong - Ross Antony



Intro: 16 C *2 Restart, *1 Tag.

sequence: A.B.B. B-(8C). A.B.B. A-(16C). Tag(6C). B.B. B(ending).

A = 32C, 1W

[S1]: Step, Kick, Coaster. (X2)

1-2, 3&4 Step RF Forward, Kick LF forward, Step back on LF, Step RF Together, Step LF Forward,

5-6, 7&8 Repeat 1-4.

[S2]: Jazz Box 1/4 R, Rumba Box.

1-4 Step RF Forward, Step LF Back, 1/4 Right, Step RF To R Side, Step LF Forward, (3:00)

Step RF to R side, Step LF next to RF, Step RF Back,Step LF to L side, Step RF next to LF, Step LF Forward.

Restart Here on dance A-, (facing 3:00), and add Tag 6C, then beginning B from 6:00.

[S3]: Side Rock, Recover, Sailor, Forward Rock, Recover, 1/2 L, Shuffle.

1-2, 3&4 Rock RF to R side, Recover on to LF, Step RF Behind to LF, Step LF To L side, Step RF to R

side,

5-6, 7&8 Rock LF Forward, recover on to RF, 1/2 Left Step LF forward, Step RF Together, Step LF

Forward. (9:00)

[S4]: Scissors, Side Rock, 1/4 R Forward, Mambo Step (R – L).

1&2 Step RF to R side, Step LF Together, Cross RF over LF,

3&4 Rock LF to R side, 1/4 Right (weight on RF), Step LF Forward, (12:00)

Step RF to R side, Recover on LF, Step RF Next to LF,Step LF to L side, Recover on RF, Step LF Next to RF.

B = 16C, 2W

[S1]: Touch (out, in, out), Behind side Cross. (R - L)

1&2, 3&4 Touch RF to R side, Touch RF next to LF, Touch RF to R side, Step RF behind to LF, Step

LF to L side, Cross RF over LF,

5&6, 7&8 Touch LF to L side, Touch LF next to RF, Touch LF to L side, Step LF behind to RF, step Rf

to R side, Cross LF over RF.

*Restart Here on dance B-, facing 12:00.

[S2]: Half Paddle Turn, Step, Kick, Coaster Step.

1&2&3&4 Turn ⅓ left point right to right, turn ⅓ left point right to right, turn ⅓ left point right to right, turn

1/8 left Touch RF next to LF,

5-6, 7&8 Step RF Forward, Kick LF forward, Step back on LF, Step RF Together, Step LF Forward.

[Tag]: 6C, Jazz Box 1/4 R, Stomp, Hold.

1-4 Step RF Forward, Step LF Back, 1/4 Right, Step RF To R Side, Step LF Forward,

5-6 Step RF to R side(weight on LF & raise both hands), Hold. (6:00)

REPEAT

Enjoy and happy Dancing...

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