

Shove Off

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandy Kerrigan (AUS) - November 2024
音樂: Hit The Road Jack - Ray Charles : (iTunes)



Dance Info: Dance starts wt on Left-Dance starts on lyrics.
There is one restart-Wall 7-cnt 16-6:00

Fwd Lock Step, Scuff, Fwd Lock Step, Scuff 12:00

1 2 3 4 Step Fwd R, Lock L behind R, Step Fwd R, Scuff L Fwd
5 6 7 8 Step Fwd L, Lock R behind L, Step Fwd L, Scuff R Fwd

Fwd Rock Step, R Toe Heel Strut Back, L Strut Back, R Strut Together 12:00

1 2 3 4 Rock Fwd on R, Replace Back to L, R Toe Back, Drop R Heel to floor
5 6 7 8 L Toe Back, Drop L Heel to floor, R Toe Back, **Drop R Heel to floor

Optional finger clicks on the reverse struts.

****Wall 7 Restart: facing 6:00 -Touch R together, Hold-Restart**

Side, Together, Fwd, Hold (½ Box), R Fwd Back Rock Chair 12:00

1 2 3 4 Step L to L Side, Step R next to L, Step Fwd L, Hold
5 6 7 8 Rock Fwd R, Replace Back to L, Rock Back on R, Replace Fwd to L

Cross, Hold, ¼ Back, Hold, Step Side, Hold, Step Fwd, Hold (¼ Jazz Box) 3:00

1 2 3 4 Cross R over L, Hold, Turning ¼ R-Step Back on L, Hold
5 6 7 8 Step R to R Side, Hold, Step Fwd L, Hold (ending-noted below).

[32]

Note: The last 8 counts is the ending, from Wall 10 facing 12:00 dance the last 8 counts

¼ R each time finishing at 12:00-Step out R to R, Step out L to L, throw your arms up into the air, use your own style.