Can't Stop Talking!



拍數: 32 牆數: 4 級數: Beginner

編舞者: Becky Hawthorne (USA) - November 2024

音樂: Can't Stop Talking - The Struts



Intro: 8 counts. Dance starts with the vocals.

1 Restart, 1 Tag

Section 1: TOE STRUTS OUT, OUT, IN, IN

1, 2	Touch ball of RF out to R side, Drop R heel taking weight onto RF
3, 4	Touch ball of LF out to L side, Drop L heel taking weight onto LF
5, 6	Touch ball of RF in to center, Drop R heel taking weight onto RF
7, 8	Touch ball of LF next to RF, Drop L heel taking weight onto LF

Section 2: 1/4 MONTEREY WITH HOLDS

1, 2	Point RF to R side, Hold
3, 4	1/4 turn R stepping RF next to LF, Hold (3:00)
5, 6	Point LF to L side, Hold
7, 8	Step LF next to RF, Hold

Section 3: HEEL, STEP, HEEL, STEP, FWD MAMBO, HOLD

1, 2	Touch R heel forward, Step RF next to LF
3. 4	Touch L heel forward, Step LF next to RF

RESTART HERE ON WALL 4

5, 6	Rock forward on RF, Recover weight back on LF
7, 8	Step RF next to LF, Hold and shift all weight onto RF

Section 4: BACK/KNEE POP, HOLD, BACK/KNEE POP, HOLD, BACK MAMBO, HOLD

1, 2	Step LF back on L diagonal and pop R knee to R fwd diagonal, Hold
3, 4	Step RF back on R diagonal and pop L knee to L fwd diagonal, Hold
5, 6	Rock back on LF, Recover weight forward onto RF
7 8	Step LE next to RE. Hold and shift all weight onto LE

TAG at the end of Wall 9: TOE STRUT, TOE STRUT

1, 2	Touch ball of RF next to LF, Drop R heel and take weight onto RF
3, 4	Touch ball of LF next to RF, Drop L heel and take weight onto LF

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