

# Glow EZ

拍數: 32      牆數: 2      級數: Beginner  
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音樂: Glow - Livingston



**Intro: 16 Counts, Start at approx 11 secs**

## Sailor step 2x, cross samba

1 2 3      Cross RF behind LF, step LF to left side, step RF to place  
4 5 6      Cross LF behind RF, step RF to right side, step LF to place  
7 8 1      Cross RF over LF, LF rock to left side, recover on RF

## Cross samba, heel touch 2x

2 3 4      Cross LF over RF, RF rock to right side, recover on LF  
5 6      Touch RF heel forward, step RF next to LF  
7 8      Touch LF heel forward, step LF next to RF

## Step back 2x, coaster step, step forward step 3x

1 2      Step RF back, step LF back  
3 4 5      Step RF back, step LF next to RF, step RF forward  
6 7 8      Step LF forward, step RF forward, step LF forward

## Monterey ¼ turn 2x

1 2      Touch RF to right side, on ball of LF make ¼ turn right stepping RF beside LF  
3 4      Touch LF to left side, step LF beside RF  
5 6      Touch RF to right side, on ball of LF make ¼ turn right stepping RF beside LF  
7 8      Touch LF to left side, step LF beside RF

**Dedicated to the beginner line dancers of the Pärnu Nooruse Maja.  
Last Update - 20 Nov. 2024 - R1**