

Hey Ya

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - November 2024
音樂: Hey Ya - Timmy Trumpet, Vini Vici & Tiscore : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Fwd-3/4R Turn-Together, Step-Pivot 1/4L, Cross, Side

1 2 Step forward on R, Make a ½ turn right stepping back on L (6:00)
3 4 Make a ¼ turn right stepping R to the side (9:00), Step L next to R
5 6 Step forward on R, Make a ¼ turn left recover weight on L (6:00)
7 8 Cross R over L, Step L to the side

[S2] Behind Rock, Side Shuffle, Sailor 1/4L Turn, 1/4L-Touch-&

1 2 Rock R behind L, Replace weight on L
3&4 Side shuffle to the right on R-L-R
5&6 Make a ¼ turn left stepping L behind R (3:00), Step R beside L, Step forward on L
7 8& Make a ¼ turn left stepping R to the side (12:00), Touch L toes next to R, Step down on L in place

[S3] Scuff Side, L knee Roll In, Out-In-Out 1/4L, 1/4R, 1/8L Back, Hitch

1 2 Scoop/scuff R arch out to the side, Step R to the side
3 4 Roll L knee in, Roll L knee out
&5 Roll L knee in, Roll L knee out making a ¼ turn left/stepping down on L (9:00)
6 7 Make a ¼ turn left stepping R to the side (6:00), Make a ⅛ turn stepping back on L (4:30)
8 Hitch R knee

[S4] Back, Point, Fwd, Point, Box 1/8R

1 2 3 4 Step back on R, Point L to the left, Step forward on L, Point R to the right
5 6 Cross R over L, Make a ⅛ turn right stepping back on L (6:00)
7 8 Step R to the side, Step forward on L

[S5] Rocking Chair, 3 (Step Lock)-Pivot 1/2L

1 2 3 4 Rock forward on R, Recover weight on L, Rock back on R, Recover weight on L
5&6& Step forward on R, Lock L behind, Step forward on R, Lock L behind
7&8 Step forward on R, Lock L behind, Step forward on R and make a swift ½ turn left (12:00)

[S6] Rocking Chair, 2 (Step Lock)-Fwd-Side

1 2 3 4 Rock forward on L, Recover weight on R, Rock back on L, Recover weight on R
5&6& Step forward on L, Lock R behind, Step forward on L, Lock R behind
7 8 Step forward on L, Step R to the side

[S7] Behind Rock, Hinge 1/2R, Cross Rock, Side Shuffle-Together-

1 2 Rock L behind R, Replace weight on R
3 4 Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping R to the side (6:00)
5 6 Rock/cross L over R, Replace weight on R
7&8& Step L to the side, Step R close, Step L to the side, Step R next to L

[S8] Cross Rock, 1/4L-1/4L, Back Rock, Fwd-Pencil 1/2L w/ Touch

1 2 Rock/cross L over R, Replace weight on R
3 4 Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to the side (12:00)

5 6 Rock back on L, Replace weight on R
7 8 Step forward on L, Make a swift 1/2L pencil turn/touch R next to L (6:00)

Ending Suggestion: The last wall ends facing 6:00. Quick 1/2L turn stepping back on R (12:00)

(updated: 19/Nov/24)
