

# I've Been Found

拍數: 48      牆數: 4      級數: Improver  
編舞者: Kim Ray (UK) - November 2024  
音樂: I Been Found 2.26 - Sam Millar



Intro: 32 counts

## S1 STEP FORWARD, TOGETHER, TWIST HEELS RIGHT, STEP FORWARD, TOGETHER, TWIST HEELS LEFT

1-2            Step forward on right to right diagonal, step left next to right  
3-4            Twist both heels to right, twist both heels back to centre  
5-6            Step forward on left to left diagonal, step right next to left  
7-8            Twist both heels to left, twist both heels back to centre

## S2 STEP BACK & TOUCH X 4

1-2            Step back on right, touch slightly forward of left  
3-4            Step back on left, touch right slightly forward of right  
5-6            Step back on right, touch left slightly forward on left  
7-8            Step back on left, kick right forward (slightly leaning back) (12:00)

## S3 RUNS FORWARD, ¼ TURN LEFT, KICK, SIDE CROSS SIDE, KICK

1-2            Run forward on right, run forward on left  
3-4            Run forward on right, ¼ turn left on right foot and kick left to left diagonal (9:00)  
5-6            Step left to left side, cross right over left  
7-8            Step left to left side, kick right to right diagonal

## S4 SIDE, CROSS, ROCK/RECOVER, CROSS, ½ TURN RIGHT, CROSS

1-2            Step right to right side, cross left over right  
3-4            Rock right to right side, recover on left  
5-6            Cross right over left, ¼ turn right stepping back on left  
7-8            ¼ turn right stepping right to right side, cross left over right (3:00)

**RESTART HERE ON WALL 3 (9:00) & WALL 6 (6:00)**

## S5 RUMBA BOX

1-2            Step right to right side, step left next to right  
3-4            Step forward on right, hold  
5-6            Step left to left side, step right next to left  
7-8            Step back on left, hold

## S6 BACK ROCK/RECOVER, LOCK STEPS

1-2            Rock back on right, recover on left  
3-4            Step forward on right, lock step left behind right  
5-6            Step forward on right, step forward on left  
7-8            Lock step right behind left, step forward on left (3:00)

Finish: Dance to count 7 of section 4 to finish at 12:00

Start again ...

Last Update: 20 Nov 2024