

Outskirts

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jamie Barnfield (UK) - November 2024
音樂: Outskirts - Hayley Jensen : (iTunes & Amazon)



Intro: 8 counts Extra Bits: 1 Restart & 1 Tag

S1: ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER, SHUFFLE FORWARD

1-2 Rock forward on Right, recover on Left
3&4 Step back on Right, close Left next to Right, step back on Right
5-6 Rock back on Left, recover on Right
7&8 Step forward on Left, close Right next to Left, step forward on Left

*** Restart here during Wall 3 (facing 6:00)**

*** Tag here during Wall 7 (facing 3:00)**

S2: SIDE ROCK, 1/4 LEFT, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

1-2 Rock Right to Right side, 1/4 Left as you recover on Left (9:00)
3&4 Step forward on Right, close Left next to Right, step forward on Right
5-6 Rock forward on Left, recover on Right
7&8 Step back on Left, close Right next to Left, step forward on Left

S3: HEEL SWITCHES (R, L, R), CLAP HANDS X2, BALL-ROCK RECOVER, COASTER STEP

1&2 Right heel forward, close Right next to Left, Left heel forward
&3&4 Close Left next to Right, Right heel forward, HOLD & clap hands Twice
&5-6 Close Right next to Left, rock forward on Left, recover on Right
7&8 Step back on Left, close Right next to left, step forward on Left

S4: ROCKING CHAIR, PIVOT 1/2, STOMP STOMP

1-2 Rock forward on Right, recover on Left
3-4 Rock back on Right, recover on Left
5-6 Step forward on Right, pivot 1/2 (weight on Left) (3:00)
7-8 Stomp Right forward, stomp Left forward

Ending: The dance will finish perfectly on the front wall, just take off count

7-8 in section 4 and replace with a step forward on your Right foot for your Ta-Dah moment!!

***TAG: W7**

JAZZ BOX

1-4 Cross Right over Left, step back on Left,
3-4 Step Right to Right side, step forward on Right