

Any Other Day

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lesley Kidd (UK) - November 2024
音樂: Any Other Day - MonaLisa Twins



No Tags or Restarts

INTRO: Starts almost immediately. Begin on the word "day"

SECTION 1: Syncopated grapevine, sailor ¼ turn, full turn

1-2 Step R to R side, step L behind R
&3-4 Step R beside L, step L across R, step R to R side.
5&6 Step L behind R, turning ¼ L, step R to R side, step L to L side (9:00)
7-8 Turn ½ L stepping R back, turn ½ L stepping L forward (9:00)

SECTION 2: Syncopated forward rocks, 2x heel switches, ball-cross rock

1-2 Rock forward R, recover onto L
&3-4 Step R beside L, rock forward L, recover onto R
&5&6 Step L beside R, tap R heel forward, step R beside L, tap L heel forward
&7-8 Step L beside R, rock R across L, recover onto L

SECTION 3: Ball-cross rock, step ¼ turn, 2x dorothy steps

&1-2 Step R beside L, rock L across R, recover onto R
&3-4 Step L beside R, rock forward R, recover onto L turning ¼ L (6:00)
5-6& Step forward R, lock L behind R, step forward R
7-8& Step forward L, lock R behind L, step forward L

SECTION 4: Rock forward, recover, ball-step back, back, coaster step, step ¾ turn

1-2 Rock forward R, recover onto L
&3-4 Step R beside L, step back L, step back R
5&6 Step back L, step R beside L, step forward L
7-8 Step forward R, pivot ¾ turn L (9:00)