

Nona Minang

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4
編舞者: Elva Fida - November 2024
音樂: Nona Minang - Juan Reza

級數: High Beginner



Start dance on vocal

1 Restart and 2 Change Step and Restart

No Tag

SEC 1 : HEEL FORWARD – CHASSEE – (R,L)

1 2 R Heel forward, Touch R beside L
3&4 Step R to side, Close L together R, Step R to side
5 6 L Heel forward, Touch L beside R
7&8 Step L to side, Close R together L, Step L to side

SEC 2 : MAMBO STEP – VOLTA TURN to RIGHT

1&2 Rock R forward, Recover on L, Step R back
3&4 Rock L back, Recover on R, Step L forward
5&6&7&8 Volta 3/4 turn to right

SEC 3 : PIVOT 1/2 TURN RIGHT – PIVOT 1/4 TURN RIGHT – JAZZ BOX 1/4 TURN LEFT – CHASSEE

1 2 Step L forward, 1/2 turn right step R in place
3 4 Step L forward, 1/4 turn right step R in place
5 6 L cross over R, 1/4 turn left step R back
7&8 Step L to side, Close R together L, Step L to side

SEC 4 : SYNCOPATHED DIAGONAL CHA CHA – SINGLE STEP BACK TO CENTRE

1&2& Step R to diagonal forward, Close L together R, Step R to diagonal forward, Touch Close L together R
3&4& Step L to diagonal forward, Close R together L, Step L to diagonal forward, Touch Close R together L
5&6& Step R to diagonal back, Touch L together R, Step L to diagonal back, Close R together L
7&8& Repeat

RESTART (1X)

On Wall 6 (After 12 counts) facing 03.00

CHANGE STEP and RESTART (2X)

On Wall 8 (After 16 counts) facing 03.00

On Wall 11 (After 16 counts) facing 06.00

Change Step at Sect 2 count 8 : Close L together R and then Restart

Enjoy the Dance