Simplemente 24

級數: Improver

編舞者: Elisabeth HS (INA) - November 2024

音樂: Simplemente - Chayanne

Section 1 SIDE RECOVER, BEHIND, SIDE, CROSS, SIDE RECOVER, CROSS CHA CHA

- 1 2 rock rf to right, recover on lf
- 3&4 rf behind lf, lf to left, rf cross over lf
- 5 6 rock If to left, recover on rf
- 7&8 If over rf, rf to right, lf over rf

Section 2 RF MAMBO, LF COASTER STEP, TURN 3/4 VOLTA RIGHT

- 1&2 rock rf forward, recover on lf, rf step back
- 3&4 step If back, rf next to lef, If forward
- 5&6&7&8 turn right, step rf forward lf lock behind rf,- turn right rf forward, lock lf behind rf,- turn right rf forward , lf lock behinf rf,- turn right rf forward (9 o' clock)

Section 3 STEP LEFT, STEP RIGHT, STEP LEFT 2X, STEP RIGHT, STEP LEFT, TURN 1/4 TO RIGHT

- 1&2& If to left, touch rf next lf, rf to right, touch lf next to rf
- 3&4& If to left, step rf next to lf, lf to left, touch rf next lf

***RESTART ON WALL 8**

- 5&6& rf to right, touch If next rf, If to left , touch rf next If
- 7&8 rf to right, step If next to rf, 1/4 turn right rf forward (12 o 'clock)

Section 4 TURN 1/4 TO RIGHT, RECOVER ON RF, CROSS, SIDE, RECOVER CROSS, FORWARD RECOVER , TURN 1/2 TO LEFT, PIVOT 1/2 RIGHT

- 1&2 1/4 right If forward, recover on rf, If cross rf (3 o'clock)
- 3&4 rock rf to right, recover lf, rf cross over lf
- 5&6 rock If forward, recover on rf, 1/2 turn left If forward
- 7 8 rf forward, 1/2 turn left, weight on lf (3 o'clock)

Finish





拍數: 32

牆數:4