

A Little Loose

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Evan VanScoyk (USA) - November 2024
音樂: Footloose - Don Louis



No tags, no restarts
Dance begins on lyrics

R SCUFF STOMP, R TOE HEEL TOE OUT PIVOT TO RIGHT FOR WHOLE TURN

1 2 Scuff R beside L (1), Stomp R (2),
3&4 Swivel R toe out (&), Swivel R heel out (3), Swivel R toe out (4)
5 6 Turn $\frac{1}{4}$ right and Step L fwd (5), Pivot $\frac{1}{2}$ right on R (6)
7 8 Step L fwd (7), Pivot $\frac{1}{4}$ right on R (8)

CROSSING SHUFFLE L OVER R, R SLIDE L TOGETHER SIDE KICK R & SIDR KICK L, L COASTER

1&2 Step L across (1), Step R to side (&), Step L across (2)
3 4 Slide R (3), Step L together (4)
5&6 Kick R to side (5), Step back onto R (&), Kick L to side (6)
7&8 Step L back (7), Step R back (&), Step L fwd (8)

$\frac{1}{4}$ SCUFF HITCH TURN, RAMBLE RIGHT CROSS MAMBO, $\frac{1}{4}$ 2 CHUG

1&2 Scuff R (1), Hitch R while turning $\frac{1}{4}$ left (&), Step R down (2)
3&4 Swivel both toes right (3), Swivel both heels right (&), Swivel both toes to right (4)
5&6 Rock L across (5), Recover onto R (&), Step L together (6)
7 8 Turn $\frac{1}{8}$ left stepping onto R (7), Turn $\frac{1}{8}$ left stepping onto R (8)

LEFT SAILOR, $\frac{1}{4}$ R HEEL GRIND BACK BOX STEP: BACK R-L, FWD R-L

1&2 Step L behind (1), Step R to side (&), Step L to left (2)
3 4 Dig R heel (3), Fan R toe to grind $\frac{1}{4}$ right (4)
5 6 Step R slightly diagonal back (5), Step L slightly diagonal back (6)
7 8 Step R fwd (7), Step L fwd (8)

>> Begin Again

For questions or more dances find me on Facebook @EvanVChoreography