

Padam for Benjy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Liz Atkinson (USA) & Zoe Hawkins-Wells (USA) - November 2024
音樂: Padam Padam - Kylie Minogue



32 count intro

Begin with weight on R foot

S1: STEP-POINT, HOLD, STEP-POINT, HITCH, BACK, TOGETHER, FWD, HITCH

& 1, 2 [&] Step LF beside RF, [1] point RF to R side, [2] hold
& 3, 4 [&] Step RF beside LF, [3] point LF to L side, [4] hitch L knee front
5, 6 [5] Step LF back, [6] step RF beside LF
7, 8 [7] Step LF forward, [8] *hitch R knee front

*Optional: R hand slap R knee -OR- heel scuff on count 8

S2: CROSS, HOLD, BALL-CROSS, HOLD, SIDE-BEHIND, SWEEP, BEHIND, 1/4R STEP

1, 2 [1] Cross RF over LF, [2] hold
& 3, 4 [&] Step on ball of LF behind RF, [3] cross RF over LF, [4] hold
&5, 6 [&] Step LF to L side, [5] step RF behind LF, [6] sweep LF front to back
7, 8 [7] Step LF behind RF, [8] 1/4R step RF forward (3:00)

S3: LF ROCK, RECOVER, COASTER STEP, RF ROCK, RECOVER, COASTER STEP

1, 2 [1] Rock forward onto LF, [2] recover RF
3 & 4 [3] Step LF back, [&] step RF beside LF, [4] step LF forward
5, 6 [5] Rock forward onto RF, [6] recover LF
7 & 8 [7] Step RF back, [&] step LF beside RF, [8] step RF forward

S4: SIDE, FLICK, SIDE, FLICK, 1/4L STEP, 1/2L PIVOT, STEP

1, 2 [1] Step LF to L side, [2] flick RF behind L leg
3, 4 [3] Step RF to R side, [4] flick LF behind R leg
5, 6 [5] 1/4L step LF forward (12:00), [6] step RF forward
7, 8 [7] Pivot 1/2L onto LF (6:00), [8] step RF forward

There are 3 tags, all facing 12:00: At the end of wall 2 (8 cts), wall 4 (4 cts), and wall 6 (8 cts)

TAG: OUT-OUT, HOLD for duration of tag

&1, hold [&] Step LF, [1] step RF slightly out beside LF, [2-8] hold or [2-4] hold

ENDING: At the end of wall 9, add an extra 1/2L stepping back on RF to face 12:00

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