

No Man's Land

拍數: 16 牆數: 4 級數: Improver - NC2S
編舞者: Hans Mertens (NL) - November 2024
音樂: No Man's Land - Miranda Lambert



START AFTER 16 COUNTS INTRO – 3 TAGS AFTER WALLS 2, 4 AND 6

SECT. 1: SIDE, BACK ROCK-SIDE, BEHIND-SIDE-CROSS, SIDE ROCK CROSS, QUARTER TURN-QUARTER TURN-CROSS

1-2&3 RF step to right side, LF step behind RF and recover weight on RF, LF step to left side
4 & 5 RF step behind LF, LF step to left side, RF step in front of LF
6 & 7 LF step to left side, recover weight on RF, LF step in front of RF
8 & 1 RF step ¼ turn left, LF step ¼ turn left, RF step in front of LF

SECT2: SWAY LEFT & RIGHT, BEHIND-SIDE-CROSS, SWAY RIGHT & LEFT, SAILOR STEP QUARTER TURN RIIGHT

2 – 3 LF step to left side and sway hips left, Rf step to right side and sway hips right
4 & 5 LF step behind RF, RF step to right side, LF ste in front of RF
6 – 7 RF step to right side and sway hips right, LF step to left side and sway hips left
8 & 1 RF step behind LF, LF step ¼ turn right, RF step to right side (start again!!!)

TAG 1: DOUBLE HIPSWAYS RIGHT AND LEFT AFTER WALLS 2 AND 6 (FACING 6 O'CLOCK)

1 – 4 RF step to right side, sway hips right-left-right left (ending with weight on LF)
Start dance again on RF stepping tot he right!!!!

TAG 2: DOUBLE HIPSWAYS RIGHT AND LEFT, DOUBLE PIVOTTURN LEFT AFTER WALL 4 (FACING 12 O'CLOCK)

1 – 4 RF step to right side and sway hips right-left-right-left (ending with weight on LF)
5 – 6 RF step forward, on both feet make ½ turn left (weight ends on LF)
7 – 8 RF step forward, on both feet make ½ turn left (weight ends on LF)
Start dance again on RF stepping tot he right!!!!

FINALE: WALL 13: SAILOR STEP ½ TURN RIGHT (INSTEAD OF ¼ TURN RIGHT)

8 & 1 RF step behind LF, LF step ¼ right, RF step ¼ right

!!!!HAVE FUN DANCING!!!!