

拍數: 80 牆數: 1 級數: Phrased High Beginner
 編舞者: Heejin Kim (KOR), Misun Yu (KOR) & Youngeun Song (KOR) - November 2024
 音樂: APT. - ROSÉ & Bruno Mars



Sequence : A,A,B,B, A,A,B,B, A,A,Tag,C,C,B, A,A,Ending(A,A)

Part A: 16c

[1 - 8] Swivel with Hip Bump

1 2 BF Swivel heel R with hip R, BF Swive heel L with hip L
 3 4 BF Swivel heel R with hip R, RF Bump hip R
 5 6 BF Swivel heel L with hip L, BF Swivel heel R with hip R
 7 8 BF Swivel heel L with hip L, LF Bump hip L

[9 - 16] Swivel with Hip Bump

1 2 BF Swivel heel R with hip R, BF Swivel heel L with hip L
 3 4 BF Swivel heel R with hip R, RF Bump hip R
 5 6 BF Swivel heel L with hip L, Hold
 7 8 BF Swivel heel R with hip R, BF Swivel heel L with hip L (weight LF)

Part B: 32c

[1 - 8] K-STEP, SCUFF

1 2 RF Step diagonal forward R, LF Touch together
 3 4 LF Step diagonal backward L, RF Touch together
 5 6 RF Step diagonal backward R, LF Touch together
 7 8 LF Step diagonal forward L, RF Scuff forward

[9 - 16] Cross, Cross, Back, Side, Rocking Chair

1 2 RF Cross over, LF Cross over
 3 4 RF Step back, LF Step L
 5 6 RF Step forward, LF Recover
 7 8 RF Step back, LF Recover

[17 - 24] Heel Swich, Pivot 1/4 Turn L X2

1 2 RF Touch heel forward, RF Step together
 3 4 LF Touch heel forward, LF Step together
 5 6 RF Step forward, LF 1/4 Turn L Step L
 7 8 RF Step forward, LF 1/4 Turn L Step L

[25 - 32] Jazz Box, V-Step

1 2 RF Cross over, LF Step back
 3 4 RF Step R, LF Step forward
 5 6 RF Step diagonal forward R, LF Step diagonal forward L
 7 8 RF Step behind center, LF Step together

Part C: 32c

[1 - 8] Jumping R and L

1 2 BF Jump R, BF Jump L
 3 4 BF Jump R twice
 5 6 BF Jump L, BF Jump R
 7 8 BF Jump L twice

[9 - 16] Triple Fell Turn R, L

1 2 RF 1/2 Turn R Step forward, LF 1/4 Turn R Step forward
3 4 RF 1/4 Turn R Step forward, LF Touch together
5 6 LF 1/2 Turn L Step forward, RF 1/4 Turn L Step forward
7 8 LF 1/4 Turn L Step forward, RF Touch together

[17 – 24] Step, Cross Touch

1 2 RF Step R, LF Touch cross
3 4 LF Step L, RF Touch cross
5 6 RF Step R, LF Touch cross
7 8 LF Step L, RF Touch cross

[25 - 32] Vine Step

1 2 RF Step R, LF Step behind
3 4 RF Step R, LF Touch together
5 6 LF Step L, RF Step behind
7 8 LF 1/4 turn L Step forward, RF Touch together

TAG

[1 - 8] Step Side, Drag

1234 RF Step side, LF Drag R
5678 LF Step side, RF Drag L

[9 - 16] Prissy Walk X2, V-Step

1 2 RF Cross over, Hold
3 4 LF Cross over, Hold
5 6 RF Step diagonal forward R, LF Step diagonal forward L
7 8 RF Step back center, LF Step together

*** Ending : Everyone gathers to the center in part A. Last pose**

Last Update - 15 Nov. 2024 - R1
