

Sampaikan Rindu

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Siti Kha (INA) & Roosamekto Mamek (INA) - November 2024
音樂: Sampaikan Rindu - Lyodra



Intro: 20 count (approximately 00:21 secs)

Tag 1 : On wall 2 after 24 count

Tag 2 : On wall 4 after 8 count

S1. FORWARD WITH HITCH, BACK L-R-L, BEHIND, SIDE, CROSS ROCK, SIDE, CROSS ROCK, FORWARD TURN 1/4 LEFT

1-2& Step R forward and hitch L knee up – Step L back – Step R back (12:00)
3-4& Step L back and sweep R back – Cross R behind L – Step L to side
5-6& Cross/Rock R over L – Recover on L – Step R to side
7-8& Cross/Rock L over R – Recover R – Turn ¼ left step L forward (9:00)

S2. BASIC, BACK TURN 1/4 RIGHT, SIDE TURN 1/4 RIGHT, CROSS, BASIC, SIDE WITH SWAY, SWAYS

1-2& Step R to side – Step L behind R – Cross R over L (9:00)
3-4& Turn ¼ right step L back (12:00) – Turn ¼ right step R to side (3:00) – Cross L over R
5-6& Step R to side – Step L behind R – Cross R over L
7-8& Step L to side and sway to left – Sway to the right – Sway to the left

S3. SIDE LUNGE, ROLLING 1 ¼ LEFT, WEAVE, BEHIND, SIDE, CROSS ROCK, SIDE

1-2& Step R to side bend R knee and touch L to side – Turn 1/4 left step L forward – Turn ½ left step R back (6:00)
3-4& Turn ½ left step L forward and sweep R forward (12:00) – Cross R over L – Step L to side
5-6& Cross R behind L and sweep L back – Cross L behind R – Step R to side
7-8& Cross/Rock L over R – Recover on R – Step L to side

S4. FORWARD, SYNCOPATED PIVOT 1/2 TURN RIGHT, ROCKING CHAIR, SIDE SWAY, SWAYS

1-2& Step R forward – Step L forward – Turn ½ right weight on R (6:00)
3&4& Rock L forward – Recover on R – Rock L back – Recover on R
5-6 Step L to side sway to left – Sway to the right
7-8& Sway to the left – Sway to the right – Sway to the left (6:00)

REPEAT

TAG. 1 (4 count) : On wall 2 after 24 count :

FORWARD, FORWARD MAMBO, COASTER STEP

1-2& Step R forward – Rock L forward – Recover on R
1-2& Step L back – Step R together – Step L forward

TAG. 2 (8 count) : On wall 4 after 8 count

WALK FORWARD R-L-R, FORWARD MAMBO, WALK BACK R-L, COASTER STEP

1-2 Step R forward – Step L forward
3-4& Step R forward – Rock L forward – Recover on R
5-6 Step L back – Step R back
7-8& Step L back – Step R back – Step L together

For more info about step sheet & song, please contact:

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