

# Hold My Breath

**COPPER** **KNOB**  
BY SHEETS

拍數: 32      牆數: 4      級數: Phrased Intermediate  
編舞者: Trio Dodol (INA), Ein Merin (INA), Kristin (INA) & Susanty (INA) - November 2024  
音樂: Never Enough - The Dutch Tenors



Sequence : AA AA\*A\* Tag1 BB Tag 2 A\*A\* Tag 3 BB Tag 2 A (5 Count)

Intro: 16 Counts

#4 Tags

## PART A (16 Count)

**Section 1 : Back, Sweep, Behind, Side, Cross Rock Recover, Side, Hinge, Forward, Run RL**

1 2&      Step R Back With Sweep, Step L Behind, Step R Side  
3 4&      Cross Rock L Over, Recover On R, Step L Side  
5 6&      Cross R Over, ¼ Turn R Step L Back, ¼ Turn R Step R Side,  
7 8&      Step L Forward, Step R Forward, Step L Forward

**Option for part A\* the 4th repetition and so on. 8& : Full Turn**

8 &      ½ Turn L Step R Back, ½ Turn L Step L Forward

**Section 2 : Arabesque, Back, Sweep, Sweep, Coaster Cross, Spin, Prissy Walk**

1 2      Step R Forward and Lifting L Back, Step L Back With Sweep R Out  
3 4&      Step R Back With Sweep L Out, Step L Back, Step R Together  
5 6&      Cross L Over, Step R Side, ¼ Turn L Close L Together  
7 8      Cross R Over, Cross L Over. (to start A part again do a ½ turn L)

**Step Change here on Wall 5: No 1/2 Turn, straight to Tag1**

## PART B (16 Count) Always start on 6.00

**Section 1 : Spiral, Walk LRL, Forward Mambo, Sweep, Back, Turn, Back**

1 2      Cross R Over Unwind Spiral full L, Step L Forward ( 4.30)  
3 4      Step R Forward, Step L Forward  
5 & 6      Rock R Forward, Recover On L, Step R Back with Sweep L Out  
7 8&      Rock L Back, Recover On R, ½ Turn R Step L Slightly Back (10.30)

**Section 2 : Travelling Turn, Sweep, Cross, Side, Together, Weave, Turn, Forward**

1 2 &      Rock R Back, Recover On L, ½ Turn L Step R Back  
3 4&      ½ Turn L Step L Forward with Sweep, Cross R Over, Step L Side ( 10.30)  
5 6 &      Close R Together angling 1.30, Cross L Over, Step R Side (12.00)  
7 & 8      Step L Behind, ¼ Turn R Step R Forward, Step L Forward (3.00)

**Tag 1 : Rock Recover, ¼ Turn Rock Recover**

1&2&      Rock R Forward, Recover On L, ¼ Turn R Rock R Side, Recover On L

**Tag 2 : Rock Recover, ½ Turn, Forward**

1 2      Rock R Forward, Recover On L  
3 4      ½ Turn R Step R Forward, Step L Forward (to start A part again do a ½ turn L)

**Tag 3: Rock Recover, ½ Turn, Forward**

1 2      Rock R Forward, Recover On L  
3 4      ½ Turn R Step R Forward, Step L Forward (start Part B on 6.00)

Last Update: 22 Nov 2024

