

Baila Baila

拍數: 32 牆數: 4 級數: Improver
編舞者: Om Pardi (INA) - November 2024
音樂: Bailá Bailá - Alvaro Estrella



Intro: 32 Count

*1 Tag – 2 Restarts

S1: SKATE, SKATE, DIAGONAL LOCK SHUFFLE, SIDE TOUCH, HITCH, BACK LEFT COASTER STEP

1-2 Skate R (1), Skate L (2)
3&4 Step R forward diagonally right (3), Lock L behind R (&), Step R forward diagonally right (4)
5-6 Make 1/8 left turn touch L outside left (5), Hitch L (6)
7&8 Step L back (7), Step R next to L (&), Step L forward (8)

S2: KICK BALL TOUCH (RIGHT, LEFT), SAILOR STEP, ¼ LEFT TURN BACK LEFT COASTER STEP

1&2 Kick R forward (1), Step on ball of R next to L (&), Touch L outside left (2)
3&4 Kick L forward (3), Step on ball of L next to R (&), Touch R outside right (4)
5&6 Cross R behind L (5), Step L to side (&), Step R to side (6)
7&8 Make ¼ left turn step L back (7), Step R next to L (&), Step L forward (8) 9.00

S3: ¼ DIAMOND, SAMBA WHISK

1&2& Cross R over L (1), Make 1/8 right turn step L back (&), Step R back (2), Lift L knee up (&)
3&4 Step L back (3), Make 1/8 right turn step R to side (&), Step L forward (4) 12.00
5&6 Step R to side (5), Cross L behind R (&), Step R in place (6)
7&8 Step L to side (7), Cross R behind L (&), Step L in place (8)

S4: THREE QUARTERS VOLTA TURN LEFT, FORWARD, ½ LEFT BACK, BACK LEFT COASTER STEP

1& Make ¼ turn right step R forward (1), Step on ball of L in place (&)
2& Make ¼ turn right step R forward (2), Step on ball of L in place (&)
3& Make ¼ turn right step R forward (3), Step on ball of L in place (&)
4 Step R forward (4)
5-6 Step L forward (5), Make ½ left turn step R back (6)
7&8 Step L back (7), Step R next to L, Step L forward (8)

Have Fun!

TAG (4 count) at the end of Wall 7

1-4 Touch R outside right (1), hold for 3 counts

* Restart during Wall 3 after 20 counts. Start dance facing 6.00 o'clock

* Restart during Wall 5 after 16 counts. Start dance facing 6.00 o'clock

For more questions about this dance please contact: jfdc2009@gmail.com .or.
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Last Update - 13 Dec. 2024 - R1