

We're on the Run

COPPER KNOB
STEPPERS

拍數: 16 牆數: 4 級數: Beginner
編舞者: Janelle Jansen (AUS) & Gail Buswell (AUS) - October 2024
音樂: On the Run - Kevin Sullivan



Intro: 16 counts, begin on vocals

[1 – 8] CHARLESTON STEP, SIDE ROCK, RECOVER, STEP TOGETHER (X2)

1,2 Swing R leg fwd to touch R toe fwd, swing R leg back to step R foot back
3,4 Swing L leg back to touch L toe back, swing L leg fwd to step L foot fwd
5&6 Rock R foot to R side, turning head to look R, recover onto L (&), step R beside L, turning head to centre
7&8 Rock L foot to L side, turning head to look L, recover onto R (&), step L beside R, turning head to centre

[9 – 16] LEAN FORWARD (HANDS OUT), STAND STRAIGHT (HANDS IN), R COASTER STEP, ¾ RUNAROUND TO L

1,2 Standing with feet together, lean forward, pushing palms of both hands forward, stand up straight, bringing hands back in
3&4 Step R back, step L beside R (&), step R forward
5&6&7&8 Run around in a tight arc to L stepping L,R(&),L,R(&),L,R(&),L to make a ¾ turn
(arms by sides, hands out with palms down) (3:00)

TAG: 2 COUNT TAG – After the 14th sequence (6:00)

1,2 Stomp R foot forward, stomp L foot forward

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