

# Beautiful Day

拍數: 64      牆數: 2      級數: Advanced  
編舞者: Hiroko Carlsson (AUS) - November 2024  
音樂: Beautiful Day - Mike Posner : (Spotify/YouTube Music/Amazon Music/ Deezer)



Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(Intro: 16 counts)

## [S1] Back, Back, 1/4R, Cross-Side, Back, Back, 1/4L, Cross-Side

1 2            Step back on R, Step back on L  
3 4&          Make a ¼ turn right stepping R to the side (3:00), Cross L over R, Step R to the side  
5 6            Step back on L, Step back on R  
7 8&          Make a ¼ turn left stepping L to the side (12:00), Cross R over L, Step L to the side

## [S2] Back Rock-1/4R-1/4R Sweep, Cross, Side, Touch Behind-Unwind 1/4L

1 2            Rock back on R, Replace weight on L  
3 4            Make a ¼ turn right stepping forward on R, Make a further ¼ turn right sweeping L foot around (6:00)  
5 6            Cross L over R, Step R to the side  
7 8            Touch L behind R, Unwind ¼ turn left weight ends on L (3:00)

## [S3] Fwd Rock, Coaster Step, 1/4R-Touch, Reverse Triple 1/2L-Cross

1 2            Rock forward on R, Replace weight on L  
3&4          Step back on R, Step L beside R, Step forward on R  
5 6            Make a ¼ turn right stepping L to the side (6:00), Touch R next to L  
7&8          Push back-make a ¼ turn left stepping back on R, Make a ¼ turn left stepping L to the side (12:00), Cross R over L

## [S4] Diagonal L-Heel Toe Swivel-In, Diagonal R-Heel Toe Swivel-In, Diagonal L, Heel-Toe-Heel Swivel In

1 2&          Step diagonally forward on L, Swivel R heel in, Swivel R toes in weight remains on L  
3 4&          Step diagonally forward on R, Swivel L heel in, Swivel L toes in weight remains on R  
5 6            Step diagonally forward on L, Swivel R heel in  
7 8            Swivel R toes in, Swivel R heel in weight remains on L

- Restart here on Wall 2

## [S5] Fwd, Run-Run, Step-Pencil 1/2L, Step-Sweep 1/4R, Cross-Point

1 2&          Step forward on R, Run forward on L-R (2&)  
3 4            Step forward on L and making a ½ pencil turn left over 2 counts (6:00)  
5 6            Step forward on R and making a ¼ turn right/ sweeping L foot around over 2 counts (9:00)  
7 8            Cross L over R, Point R to the side

## [S6] Back w/ Sweep 1/4L, Back-Point, Back Rock, Fwd-1/2R-

1 2            Step back on R and making a ¼ turn left/ sweeping L foot around over 2 counts (6:00)  
3 4            Step back on L, Point R to the side  
5 6            Rock back on R, Replace weight on L  
7 8            Step forward on R, Make a ½ turn right stepping back on L (8)- 1 and 1/2 turn right-

## [S7] -1/2R-1/2R w/ Slow Sweep-Behind-Side, Cross Rock, 1/4R Walk-Walk

1 2 3 -        Make a ½ turn right stepping forward on R (1), Make a ½ turn right stepping back on L and sweeping R foot around (2 3) (12:00)  
&4            Step R behind L, Step L to the side  
5 6            Rock R over L, Replace weight on L  
7&8          Make a ¼ turn right stepping forward on R (3:00), Step forward on L

**[S8] Side, Cha-Cha, 1/4L Shuffle Fwd, Step-Pivot 1/2L, Fwd Rock**

1 2& Step R to the side, Step L next to R, Step R in place  
3&4 Making a  $\frac{1}{4}$  turn left shuffle forward on L-R-L (12:00)  
5 6 Step forward on R, Make a  $\frac{1}{2}$  turn left recover weight on L (6:00)  
7 8 Rock forward on R, Recover weight on L

**Restart on Wall 2 count 32 (6:00)**

**Ending Suggestion: The last wall starts facing 6:00. Dance up to count 8 (6:00). Cross R over L, 1/2L Unwind to the front.**

**(updated: 12/Nov/24)**

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