

You've Got That Healing

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Daniel Exton (UK) - November 2024
音樂: Marvin Gaye (feat. Meghan Trainor) - Charlie Puth



Intro: 32 Counts. Start at approx 20 secs.

SEC 1 SIDE, BEHIND, CHASSE ¼, STEP ½, SHUFFLE ½

1-2 Right to Right side, Left Behind Right
3&4 Right to Right side, Left next to Right, Right forward with ¼ turn Right (3:00)
5-6 Left foot forward, ½ turn Right (9:00)
7&8 ½ turn Right Left foot back, Right next to Left, Left foot back (3:00)

SEC 2 BACK, BACK, COASTER STEP, SCUFF, SIDE, SCUFF, SIDE

1-2 Walk back Right, Walk back Left
3&4 Right foot back, Left foot back, Right foot forward
5-6 Scuff Left foot, Step left out
7-8 Scuff Right foot, Step Right out

SEC 3 CROSS ROCK, ¼, SCUFF, CROSS ROCK, SHUFFLE ½

1-2 Cross Rock Left over Right, Recover onto Right
3-4 Step Left side with ¼ turn Left, Scuff Right foot (12:00)
5-6 Cross Rock Right over Left, Recover onto Left
7&8 ½ turn Right Right foot forward, Left next to Right, Right foot forward (6:00)

SEC 4 WALK, WALK, MAMBO, BACK ROCK/RECOVER, KICK BALL CHANGE

1-2 Walk forward Left, Walk forward Right
3&4 Left foot forward, Right foot forward, Left foot back
5-6 Rock back on Right foot, Recover onto Left
7&8 Kick Right foot out, Right next to Left, Left next to Right
