

Stick Together

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Vivian Willis (USA) - November 2024
音樂: BIRDS OF A FEATHER - Billie Eilish



Dance starts after 8 counts - No Tags or Restarts

Section 1 - LINDY R, LINDY L

1&2 Step RF to right (1), Step LF next to RF (&), Step RF to right (2)
3 4 Rock LF behind RF (3), Recover weight on RF (4)
5&6 Step LF to left (5), Step RF next to LF (&), Step LF to Left (6)
7 8 Rock RF behind LF (7), Recover weight on LF (8)

Section 2 - RUMBA BOX

1 2 Step RF to right (1), Step LF next to RF (2)
3 4 Step RF forward (3), Touch LF next to RF (4)
5 6 Step LF to left (5), Step RF next to LF (6)
7 8 Step LF back (7), Touch RF next to LF (8)

Section 3 - R MAMBO, L MAMBO, ROCK RECOVER, ¼ L HIP ROLL

1&2 Rock RF out right (1), Recover onto LF (&), Step RF next to LF (2)
3&4 Rock LF out left (3), Recover onto RF (&), Step LF next to RF (4)
5 6 Rock RF back (5), Recover weight onto LF (6)
7 8 Step RF forward (7), ¼ turn left place weight onto LF (roll hip while turning) (9:00)

Section 4 - CROSS BACK, SWEEP BACK, SWEEP BACK, TOUCH ROLL

1 2 Cross RF over LF (1), Step LF behind RF (2)
3 4 Step RF to right side and sweep LF backward (3), Step LF behind RF (4)
5 6 Sweep RF backward (5), Step RF behind RF (6)
7 8 Touch LF to back left diagonal (7), Body roll back (8) (9:00)

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https://youtu.be/Zwbq_kuTlx4?feature=shared

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