

Half Hearted (半點心)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Angel Chia (SG) - November 2024
音樂: Half Time of Heart (半點心) - Grasshopper (草蜢)



Intro: 32 counts (No Tag and No Restart)

Sec 1 Walk 3 Steps Forward with a point, Walk 3 Steps Backward with a point

1-4 Walk Forward on RF, Forward on LF, Forward on RF, Point LF to Side L (12.00)
(Optional Styling: On Count 4 - Place R hand behind R ear and L arm stretch to Side L Top with a look up)
5-8 Walk Back LF, Back RF, Back LF, Point RF to Side R (12.00)
(Optional Styling: On Count 8 - Place L hand behind L ear and R arm stretch to Side R Top with a look up)

Sec 2 Side Sway R-L-R-L with Heel Taps

1-2 Side Sway RF to Side R (slightly bend), Tap L Heel (upper body slightly angle Diag L) 12.00
3-4 Side Sway LF to Side L (slightly bend), Tap R Heel (upper body slightly angle Diag R) 12.00
5-6 Side Sway RF to Side R (slightly bend), Tap L Heel (upper body slightly angle Diag L) 12.00
7-8 Side Sway LF to Side L (slightly bend), Tap R Heel (upper body slightly angle Diag R) 12.00
(Optional Styling: Sway Arms to R-L-R-L like seaweeds)

Sec 3 Rocking Chairs x 2 Times

1-4 Forward Rock on RF, Recover on LF, Back Rock on RF, Recover on LF (12.00)
5-8 Forward Rock on RF, Recover on LF, Back Rock on RF, Recover on LF (12.00)
(Optional Styling: in front of your chest, place R hand below L hand for 2 counts and rotate till R Hand is on top of L Hand and bring it in for 2 counts, do this action x 2 times)

Sec 4 1/2L Paddle Turn x 4 times with anti-clockwise hip rolls

1-2 1/8L Side Tap RF to Side R, Recover on LF (10.30)
3-4 1/8L Side Tap RF to Side R, Recover on LF (9.00)
5-6 1/8L Side Tap RF to Side R, Recover on LF (7.30)
7-8 1/8L Side Tap RF to Side R, Recover on LF (6.00)
(Optional Styling: Place both wrists at the side and roll out for 2 counts x 4 times)

Sec 5 Jazz Box, 1/4R Jazz Box

1-2 Cross RF over LF, Step Back on LF (12.00)
3-4 Step RF to Side R, Step Forward on LF (12.00)
5-6 Cross RF over LF, Step Back on LF (12.00)
7-8 1/4R Turn Step Forward on RF, Step LF next to RF (9.00)

Sec 6 Shuffle RLR with a Touch (Diag R), Shuffle LRL with a Touch (Diag L)

1-2 Step Forward RF (Diag R), Step LF next to RF (Diag R) 9.00
3-4 Step Forward RF (Diag R), Touch LF next to RF (Diag R)
5-6 Step Forward LF (Diag L), Step RF next to LF (Diag L)
7-8 Step Forward LF (Diag L), Touch RF next to LF (Diag L) 9.00
(Optional Styling: Place both hands on both side and roll forward & back in small circular movements, do this action for 2 counts x 4 times)

Sec 7 Back Touches x 2 Times, Side Taps x 2 Times

1-2 Step RF Back (Diag R), Touch LF next to RF (Diag R) 9.00
3-4 Step LF Back (Diag L), Touch RF next to LF (Diag L)
5-6 Step RF to Side R, Side Tap LF (angle upper body to Diag L)
7-8 Step LF to Side L, Side Tap RF (angle upper body to Diag R) 9.00

Sec 8 Body Roll with a sit and Open at eye level with Hands

1-4 Body Roll from R to L and sit on L (wt L) 9.00

5-8 Overlap both hands with palms facing out at eye level and stretch out for 4 counts (9.00)

Start again

Have Fun!!!

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