Help Is on the Way

級數: Absolute Beginner

編舞者: Judy Rausch (USA) - November 2024

音樂: Help Is On The Way (Maybe Midnight) - TobyMac

#32 count intro

Tag at the end of wall 3

拍數: 32

Section 1: WALK FORWARD & KICK, WALK BACK & TOUCH

- 1-4 Walk RLR kick L forward
- 5-8 Walk LRL back, touch R next to L 12:00

Section 2: SIDE TOUCH SIDE TOUCH, VINE TO R

- 1-4 Step R to R, touch L next to R, Step L to L, touch R next to L
- 5-8 Step R to R, L behind R, R to R, touch L next to R 12:00

Section 3: SIDE TOUCH SIDE TOUCH, VINE 1/4 L

- 1-4 Step L to L, touch R next to L, step R to R, touch L next to R
- 5-8 Step L to L, R behind L, Turn L ¼ to L and touch R next to L 9:00

Section 4: K-STEP

- 1-2 Step R forward on diagonal, touch L next to R
- 3-4 Step L back on diagonal, step R next to L
- 5-6 Step R back on diagonal, Step L next to R
- 7-8 Step L forward on diagonal, touch R next to L 9:00

TAG: R ROCKING CHAIR at the end of wall 3 facing 3:00

1-4 Rock R forward, recover L, Rock R back, recover L

This dance was taught at Don Moody's Retirement party.

Last Update: 11 Nov 2024





牆數: 4