

When I Grow Up

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Terri Dungan (USA) - October 2024
音樂: When I Grow up (Young, Wild, & Free) - Flo Rida & Alan Walker



#32-count Intro (No Tags or Restarts)

[1-8] Kick fwd x 2, Rock back, Recover, Grapevine with touch

1, 2 Kick R fwd (1), repeat (2) 12:00
3, 4 Rock back on R (3), Recover L (4)
5, 6 Step R to right (5), Step L behind R (6)
7, 8 Step R to right (7), Touch L next to R (8)

(Arm options with lyrics – Counts 1-2 hands up on “up”, Count 5-6 point at self or someone else on “me”)

[9-16] Big Side Step, Hold, Rock back, Recover, Side Step, Flick with touch, Side Step, Hitch with touch

1, 2 Big step L to left (1), hold (2)
3, 4 Rock back on R (3), Recover L (4)
5, 6 Step R to right (5), Flick L foot behind R and touch L heel with R hand (6)
7, 8 Step L to left (7), Hitch R and touch R knee with L hand (8)

(Arm option with lyrics – Counts 1-2 push open palms out to the sides on “nothing”)

[17-24] V-Step, Ramble

1, 2 Step R to right forward diagonal (1), Step L to left forward diagonal (2)
3, 4 Step R back to center position (3), Step L next to R (4)
5, 6 Twist heels together to right (5), Twist toes together to right (6)
7, 8 Twist heels together to right (7), Twist toes together to right (8)

(Arm options with lyrics – Counts 1-2 point up on “up”, Count 5-6 point at self or someone else on “me”)

[25-32] 3/4 Walkaround, Rocking Chair

1, 2 Turn 1/4 right and Step R fwd (1), Turn 1/8 right and Cross L over R (2) 4:30
3, 4 Turn 1/8 right and Step R fwd (3), Turn 1/4 right and Cross L over R (4) 9:00
5, 6 Rock R fwd (5), Recover L (6)
7, 8 Rock R back (7), Recover L (8)

(Can replace Counts 5-8 with two 1/2 pivot turns to the left)

REPEAT

Have fun dancing! Contact terri_dungan@yahoo.com with comments/questions.