

Slow Ride This Time

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Low Intermediate
編舞者: Lu Olsen (AUS) - November 2024
音樂: This Time - Connie Britton : (iTunes)



#16 count intro Start on vocals Ver: 1

[1-8] Fwd, Lock, Fwd, L Rocking Chair, Side, Drag/tog, L Coaster

1, 2 & Step R fwd, Lock L behind R, Step R fwd 12.00
3 & 4 & (L Rocking chair) Step L fwd, Recover onto R, Step L back, Recover onto R
5, 6 Step L out to left, Drag/step R beside L,
7 & 8 (L Coaster) Step L back, Step R together, Step L fwd 12.00

[9-16] Fwd, ½ pivot, Fwd, Lock, Fwd, ¼ side, Behind, ¼ fwd, ½ back, ½ fwd,

1, 2, Step R fwd, ½ left pivot turn & step L fwd, 6.00
3 & 4 Step R fwd, Lock L behind R, Step R fwd, 6.00
& 5 ¼ Right turn & step L to left, Step R behind L 9.00
6, ¼ Left turn & step L fwd, 6.00
7, 8 ½ Left turn & step R back, ½ Left turn & step L fwd 6.00

[17-24] Fwd, ¼ pivot, Cross shuffle, Side, ¼ fwd, Cross Shuffle fwd

1, 2, Step R fwd, ¼ left pivot turn 3.00
3 & 4 Cross R over L, Step L to Left, Cross R over L 3.00
5, 6, Step L to left, ¼ right turn & step R fwd 6.00
7 & 8 Cross L over R, Step R to right, Cross L over R (travelling slight fwd) 6.00

[25 – 32] Side, Tog, Cross, Side, ¼ Tog, Cross, Side Tog, Cross, Side, ¼ Tog, Fwd

& 1, 2 Step R to Right, Step L together, Cross R over L 6.00
3 & 4 Step L to left, ¼ Right turn & step R together, Cross L over R 9.00
& 5, 6 Step R to Right, Step L together, Cross R over L 9.00
7 & 8 Step L to left, ¼ Right turn & step R together, Step L fwd 12.00

[33-40] ½ back, ½ fwd, Shuffle fwd, ½ back, ¼ side, Cross shuffle

1, 2, ½ Left turn & step R back, ½ left turn & step L fwd 12.00
3 & 4 * R shuffle fwd (R,L,R) * (Wall 3 – 3, 4*, Step R slight over L, Step L over R) 12.00
5, 6, ½ right turn & step L back, ¼ Right turn & step R to right 9.00
7 & 8 (Cross Shuffle LRL) Cross L over R, Step R to Right, Cross L over R 9.00

[41-48] Side, ¼ pivot, ½ back, ½ fwd, Fwd, Lock, Fwd, Side/rock, Recover, Cross

1, 2, Step R to Right, ¼ Left pivot turn, 6.00
3, 4, ½ left turn & step R back, ½ left turn & step L fwd (option: Walk fwd R,L) 6.00
5 & 6 Step R fwd, Lock L behind R, Step R fwd. 6.00
& 7, 8 Rock L to Left, Recover onto R, Slight step L over R 6.00

Tag: End of Wall 1 (6.00) Fwd, Back, Back Lock, Back, Sweep/back, Sweep/back, L Coaster

1, 2, 3 & 4 Step R fwd, Step L back, Step R back, Cross L over R, Step R back
5, 6, 7 & 8 Sweep L back, Sweep R back, Step L back, R tog, Step L fwd

Short Wall 3 (12.00)

Dance to count 36 * replace counts (35 & 36) Shuffle with single counts *35, 36 (3,4)
*3, 4, Step R slight over L, Step L over R (Restart Wall 4 to 12.00)

Last Wall 5:(6.00) complete wall 5 and ADD:– Cross R over L and slow full L unwind to 12.00

