

# Country Commandments

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kathryn Finley (USA) - November 2024  
音樂: Country Girl Commandments - Tanner Adell



#16 Count intro - Tags: 0 - Restarts: 2

Restart 1 - Wall 5 after 16 counts

Restart 2 - Wall 7 after 8 counts

**[1-8]: Rock R, Recover, R Sailor Step, L Behind Side Cross, Slide R, Touch L**

1,2 -            Rock onto R foot (1), Recover weight onto L foot (2)  
3&4 -           Step R foot behind L (3), Step together (&), Step R foot to R side (4)  
5&6 -           Step L foot behind (5), Step R foot together (&), Cross L foot over R (6)  
7,8 -            Shifting weight to L foot, slide R (7), Touch R foot (8)

**[9-16]: R Heel Grind, R Coaster step, L Heel Grind turning 1/4 L, L Coaster Step**

1,2 -            Step R heel fwd, toe pointing to L side, (1) grind R heel into floor, fanning toes from L to R (2)  
3&4 -           Step R foot behind (3), Step L foot together (&), Step R foot fwd  
5,6 -            Step L heel fwd, toe pointing to R side, (5) grind L heel into floor, fanning toes from R to L while making 1/4 turn L (6)  
7&8 -           Step L foot behind (7), Step R foot together (&), Step L foot fwd

**[17-24]: Shuffle fwd x2, Side rock R, Shuffle x2 (R then L), Sailor x2 (R then L)**

1&2 -           Step fwd R foot (1), Step L foot to R foot (&), Step fwd R foot (2)  
3&4 -           Step fwd L foot (3), Step R foot to L foot (&), Step fwd L foot (4)  
5&6 -           Step R foot behind L foot (5), Step together (&), Step R foot to R side (6)  
7&8 -           Step L foot behind R foot (7), Step together (&), Step L foot to L side (8)

**[25-32]: Points with Holds, Cross R over L, 1/2 Unwind over L Shoulder**

1,2 -            Point RF to R side, Hold  
&3,4 -           Close RF next to LF, Point LF to L side, Hold  
&5,6 -           Close L foot next to R foot (&), Point R foot to R side (5), Cross R foot over L (6)  
7,8 -            Unwind 1/2 over L Shoulder

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